**September 2024 Life Enrichment Program** 

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Abbreviation	Location/Building	Abbreviation	Location/Building	Services	Location/Building	Hours of Operation
PAC	Below Chapel -Main Building 1st Floor	AL-3	AL Activity Room - Main Building 3rd Floor	Kreative Korner	Main Building 1st Floor	Tue & Thurs. 10:00am - 3:00pm
CL#	Classroom - Main Building 1st Floor	SJA	St. Joe's Art Studios - Main Building 3rd Floor	Gee Gee's	Main Building 1st Floor	Mon -Fri. 10:00am- 2:00pm
FR	Fitness Room Main Building 1st Floor	HRC	Health & Rehab Center	Beauty Shop	Main Building 1st Floor	Tues: 10-4, Wed: 1-4, Fri 12-4, Sat 10-4 Closed Sun, Mon and Thurs
BRD	Board Room Main Building 2nd Floor	JBR	Joseph Bernardin Residence			
СН	Chapel - Main Building 2nd Floor	SHR	Station House Restaurant			
Cham	Cham -2nd Floor Lobby	TFC	The Franciscan Center		Body, Mind & Spirit Calendar BMS	
DR	Dining Room - Main Building 2nd Floor	BMS	Body, Mind & Spirit Event needs RSVP			
RR	Rose Room - Main Building 2nd Floor		RSVP to Alice Daniels 432-6549		TV Channels of interest:	St. Leonard TV Station Channel 1851
Sr.O	IL Activities - Main Building 2nd Floor	CH3	Chaminade 3rd floor lobby			Hallmark Channel 1:116, 168 & 167
Ch 1851	Moditation Brogram	Ch 1851	Midnight & Noon			

Please contact me if you have questions.

Dawn Arrowood, Senior Life Enrichment Coordinator
937-439-7145

Dawn. Arrowood@ CommonSpirit.org



Activities are subject to change

Ch 1851	Meditation Program	Ch 1851	Midnight & Noon		Activities are subject to change								
SUNDAY MONDAY			TUESDAY		WEDNESDAY THURS		THURSDAY	THURSDAY		SATURDAY			
		2		2		4		F		6		7	
00am/CH	Mass		Weekly Perks	9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	9:00am/CH	Mass	9-10:30am/Cham	Coffee Bar & Donuts
0:00am/TV	Interdenominational	9:00am/CH	Communion Service	9:00 am/Cham	Coffee Bar & Donuts	9:00 am/RR	Coffee Bar & Donuts	9:00 am/Cham	Coffee Bar & Donuts	9:00 am/RR	Coffee Bar & Donuts		
	Service on Channel 1851	9:00am/RR	Coffee Bar & Donuts	10:00am/KK	Kreative Korner Crafting			10:00am/KK	Kreative Korner Crafting			10am-2pm/TFC	Cruise In Car Show
				10:15amOut	Walka, Walks Club			10:00am/CH	Resident Lead Centering Pray				
):30am/CH	Faith Community Mass	10:15am/CanceL	Exercise for the Health of it-Cancelled		Meet Chaminade Entrance	in the second se		10:15am/cham	Meditation Yoga with Sandy	1:00pm/Sr.O	Euchre		
30pm/Sr.O	Bingo		Memory Size	12:15pm/TFC	Parkinson's Fit Club	10:15am/Cham	Exercise for the Health of it & Bal.	11:00am/RR	Wii Bowling	3:00pm/Sr.O	Happy Hour and	4:00pm/CH	Mass
30pm/CH	Resident Lead Pray			1:00pm/CH3	Card Playing: Bridge	12:00PM/Shop	Chaminade Residents Walmart	1-3:00pm/Ch3	Mahjongg		Good Conversations		
	the Rosary					12:45pm/Shop	Cottage & JBR Residents	1:30pm/PAC	Entertainment: Ellen Gould	3:30pm/CH	Resident Lead Pray the Rosary		
		1:00pm/Sr.O	Pinochle			1:00/TFC	BMS: Alzheimer's Support Group	0.00(011					
		3:30pm/CH	Resident Lead Pray the Rosary	3:30pm/CH	Resident Lead Pray the Rosary	2:15pm/cham 3:00/CH	Library Cart with Sheila Holy Hour	3:00pm/CH 3:30pm/CH	Interdenominational Service Resident Lead Pray the Rosary				
		э.эориі/сп	Resident Lead Fray the Rosary	4:30pm/JBR	Euchre in Community Room	3:30pm/CH	Resident Lead Pray the Rosary	3.30piii/Cn	Resident Lead Fray the Rosary				
			Happy Labor Day!!	4.30pm/3BK	Euclife III Community Room	3.30piii/GH	Resident Lead Flay the Rosary						
			nappy Labor Bay										
		9		10		11		12		13		14	
0am/CH	Mass		Weekly Perks	9:00am/CH	Mass	9:00am/Ch.	Mass	9:00am/CH	Mass	9:00am/CH	Mass	9-10:30am/Cham	Coffee Bar & Donuts
:00am/TV	Interdenominational	9:00am/CH	Communion Service	9:00 am/Cham	Coffee Bar & Donuts	9:00am/RR	Coffee Bar & Donuts	9:00am/Cham	Coffee Bar & Donuts	9:00am/RR	Coffee Bar & Donuts		
	Service on Channel 1851	9:00am/RR	Coffee Bar & Donuts	10:00am/KK	Kreative Korner Crafting	10:15am/Cham	Exercise for the Health of It	10:00am/CH	Resident Lead Centering Pray	1:00pm/Sr.O	Euchre		
		10:00am/TFC	Stummers Musical group meets	10:15amOut	Walka, Walks Club	40.00.00	& Balance	10:00am/KK	Kreative Korner Crafting	3:00pm/Sr. O	Happy Hour	4:00pm/CH	Mass
:30am/CH	Faith Community Mass	10:00am/BRD 10:30am/Sr.O	Peace Museum Gathering	10:30/SR.O	Meet Chaminade Entrance Chaminade Food Council Meeting	12:00 /Shop	Chaminade Residents Kroger Cottage & JBR Residents	10:15am/Cham	Meditation Yoga with Sandy	3:30pm/CH	and Good Conversations		
0pm/Sr.O 0pm/CH	Resident Lead Pray	10:30am/Sr.O	Coffee, Compassion Grief Support Exercise for the Health of it	12:15pm/TFC	Parkinson's Fit Club	12:45pm/Shop	Cottage & JBR Residents	11:00am/RR	Wii Bowling	3:30pm/CH	Resident Lead Pray the Rosary		
зории/си	the Rosary	10. I Jaili/Cilaili	Memory Size	1:00pm/CH3	Card Playing: Bridge	2:15pm/Cham	Library Cart with Sheila	11.00aiii/KK	Wil Bowing				
	the Rosary	1:00pm/Sr.O	Pinochle	1.000111/0113	Card Flaying. Bridge	z. i Spin/Gilani	Library Cart With Shella	1-3:00pm/Ch3	Mahjongg				
		1:00pm/TFC	Hawaiian Hula Class			3:30pm/CH	Resident Lead Pray the Rosary	1:30pm/PAC	Executive Director Open Forum	6:00pm/JBR	Card playing community Room		
		3:30pm/CH	Resident Lead Pray the Rosary	3:30pm/CH	Resident Lead Pray the Rosary	4:00/TFC	BMS:Patriot Day Celebration	3:00pm/CH	Interdenominational Service	oloopiii.oo	cara playing community recom		
		5.55p.11/011	Toolasti Loud Fray the Robary	4:30pm/JBR	Euchre in Community Room		Zinon anior Zay Golobiation	3:30pm/CH	Resident Lead Pray the Rosary				
					_aaaa aaamty 1toom	7:00pm/Sr.O	Poker Night	0.000.11/011	=caa. ray the resulty				

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
15		16		17		18		19		20		21	
9:00am/CH 10:00am TV	Mass Interdenominational Service on Channel 1851	9:00am/CH 9:00am/RR	Weekly Perks Communion Service Coffee Bar & Donuts	9:00am/CH 9:00 am/Cham 10:00am/KK 10:15am/Out	Mass Coffee Bar & Donuts Kreative Korner Crafting Walka, Walks Club	9:00am/CH 9:00 am/RR 10:15am/Cham	Mass Coffee Bar & Donuts Exercise for the Health of It	9:00am/CH 9:00am/Cham 10:00am/KK 10:00am/CH	Mass Coffee Bar & Donuts Kreative Korner Crafting Resident Lead Centering Pray	9:00am/CH 9:00am/RR 1:00pm/Sr.O	Mass Coffee Bar & Donuts Euchre	9-10:30am/Cham 4:00pm	Coffee Bar & Donuts  Mass
10:30am/CH 1:30pm/Sr.O	Faith Community Mass Bingo	10:00am/TFC 10:15am/Cham	Stummers Musical group meets Exercise for the Health of it Memory Size	11:00/OUT 12:15pm/TFC	Meet Chaminade Entrance Romeo's-Blueberry Café-Kettering Parkinson's Fit Club	12:00 /Shop 12:45pm/Shop	& Balance Chaminade Residents Walmart Cottage & JBR Residents	10:15am/Cham 11:00am/RR 1-3:00pm/Ch3	Meditation Yoga with Sandy Wii Bowling Mahjongg	3:00pm/Sr. O 3:30pm/CH	Happy Hour and Good Conversations Resident Lead Pray the Rosary	4.00рш	Muss
3:30pm/CH 6:00pm/OUT	Resident Lead Pray the Rosary Miami Valley Concerts	1:00pm/Sr.O 1:00pm/TFC	Pinochle Hawaiian Hula Class	1:00pm/CH3 1:30pm/Sr. O 3:30pm/CH	Card Playing: Bridge Chaminade: Meet & Greet Resident Lead Pray the Rosary	1-3:00pm/TFC 1:30/RR 2:00/Sr.O 2:15pm/Cham	Centerville HistoryCrosley Brother Veterans Group Meeting Library Cart with Sheila	1:30pm/PAC 2:00pm/TFC 3:00pm/CH 3:30pm/CH	Entertainment: Jim Kelly Optimist Club Meeting Interdenominational Service Resident Lead Pray the Rosary	6:00pm/JBR	Card playing community Room		
	Linda Ronstadt	3:30pm/CH	Resident Lead Pray the Rosary	4:30pm/JBR 5:30/TFC	Euchre Community Room Family Alzheimer's Education	3:00/TFC 3:30pm/CH	Changing Political Landscape Resident Lead Pray the Rosary	5:30pm/TFC	Potluck				
22		23		24		25		26		27		28	
9:00am/CH 10:00am TV 10:30am/CH 1:30pm/Sr.O	Mass Interdenominational Service on Channel 1851 Faith Community Mass	9:00am/CH 9:00am/RR 10:00am/TFC	Weekly Perks Communion Service Coffee Bar & Donuts Stummers Musical group meets	9:00am/CH 9:00 am/Cham 10:00am/KK 10:15am/Out	Mass Coffee Bar & Donuts Kreative Korner Crafting Walka, Walks Club Meet Chaminade Entrance	9:00am/CH 9:00 am/RR 10:15am/Cham 12:00 /Shop	Mass Coffee Bar & Donuts Exercise for the Health of It & Balance Chaminade Residents Kroger	9:00am/CH 9:00am/Cham 10:00am/KK 10:00am/CH 10:15m/Cham	Mass Coffee Bar & Donuts Kreative Korner Crafting Resident Lead Centering Pray Meditation Yoga with Sandy	9:00am/CH 9:00am/RR 1:00pm/Sr.O 1:30pm/Ch2 3:00pm/Sr. O	Mass Coffee Bar & Donuts Euchre DJ Tony sing along Happy Hour &	9-10:30am/Cham 4:00pm	Coffee Bar & Donuts  Mass
3:30pm/CH	Resident Lead Pray the Rosary	10:15am/Cham 1:00pm/Sr.O 1:00pm/TFC	Exercise for the Health of It Memory Size Pinochle Hawaiian Hula Class	11:15am/Out 12:15pm/TFC 1:00pm/CH3 1:30/TFC	Juliets-La Pinata Parkinson's Fit Club Card Playing: Bridge Ray Snedegar: Veterans	12:45pm/Shop 2pm/TFC 2:15/Cham 2:30/TFC	Cottage & JBR Residents  BMS:Balance with Kettering Health  Library Cart with Sheila  BMS: Parkinsons Support Group	11:00am/RR 1-3:00pm/Ch3	Wii Bowling Mahjongg	3:30pm/CH	Good Conversations Resident Lead Pray the Rosary		
		1:30pm/Cham2 3:30pm/CH	Horse Racing Resident Lead Pray the Rosary	1:30pm/Sr. O 3:30pm/CH 4:30pm/JBR	Operational Babylift CV Library-short stories "Hills Like White Elephants-E.H." Resident Lead Pray the Rosary Euchre Community Room	3:30pm/CH	Resident Lead Pray the Rosary	3:00pm/CH 3:30pm/CH 4pm/TFC	Interdenominational Service Resident Lead Pray the Rosary BMS: Music Series Edde Osborne				
29		30											
9:00am/CH 10:00am TV 10:30am/CH 1:30pm/Sr.O 3:30pm/CH	Mass Interdenominational Service on Channel 1851 Faith Community Mass Bingo Resident Lead	9:00am/CH 9:00am/RR 10:00am/TFC 10:15am/Cham	Weekly Perks Communion Service Coffee Bar & Donuts Stummers Musical group meets Exercise for the Health of It Memory Size		<b>₹</b> CHI		**				Body Mind and Spirit A ST LEMAND STATES		
F	Pray the Rosary	1:00pm/TFC 1:00pm/Sr.O	Hawaiian Hula Class Pinochle		Living Communiti	es	shartinestock case - 1332000335						
		3:30pm/CH	Resident Lead Pray the Rosary		Home is here.™	100							