


San Damiano Memory Care Life Enrichment Adelaide Hall

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Activities are subject to change!!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Year's Day 9:00 Mass Channel 1851 Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Seven Swans Swimming Dice Race Healthy Hands and Dinner	2 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Visit with Buddy Eight Maids Milking Interfaith Service 1851 Healthy Hands and Dinner 3:00	3 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Nine Ladies Dancing IN2L Dance Lessons Healthy Hands and Dinner	4 4:00 Healthy Hands and Lunch Ten Lords Leaping Saturday Mass Channel 1851 Healthy Hands and Dinner
5 9:00 Mass Channel 1851 Interfaith Service 1851 Healthy Hands and Lunch Movie Matinee Family Visits and popcorn Dinner	6 Epiphany 9:00 Mass Channel 1851 Communion Service with Mary Lu Gentle Stretches Memory-cize Daily Perks Twelve Drummers Drumming Manicures Healthy Hands and Dinner	7 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch SINGO Healthy Hands and Dinner	8 9:00 Mass Channel 1851 Mass on Leo Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch DJ Tony Walk to Suites Healthy Hands and Dinner 2:00	9 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Sparkling Snowflake Beaded Craft Interfaith Service 1851 Healthy Hands and Dinner 3:00	10 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Armchair Travel Oxford England Healthy Hands and Dinner	11 4:00 Healthy Hands and Lunch Saturday Mass Channel 1851 Healthy Hands and Dinner
12 9:00 Mass Channel 1851 Interfaith Service 1851 Healthy Hands and Lunch Movie Matinee Family Visits and popcorn Dinner	13 9:00 Mass Channel 1851 Communion Service with Mary Lu Gentle Stretches Memory-cize Daily Perks Rubber Ducky Day Duck Races! Healthy Hands and Dinner	14 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Snowman Crafting Aromatherapy Healthy Hands and Dinner	15 9:00 Mass Channel 1851 Mass on Adelaide Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Snowball Football Manicures Healthy Hands and Dinner 10:00	16 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Visit with Buddy Debray Entertainment Interfaith Service 1851 Healthy Hands and Dinner 3:00 3:00	17 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch IN2L Eagle Watch Jackie and Shadow Healthy Hands and Dinner	18 4:00 Healthy Hands and Lunch Saturday Mass Channel 1851 Healthy Hands and Dinner
19 9:00 Mass Channel 1851 Interfaith Service 1851 Healthy Hands and Lunch Movie Matinee Family Visits and popcorn Dinner	20 Martin Luther King Jr Day 9:00 Mass Channel 1851 Communion Service with Mary Lu Gentle Stretches Memory-cize Daily Perks SINGO Healthy Hands and Dinner	21 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Valentine's Day Cards for Happy Child Preschool Healthy Hands and Dinner	22 9:00 Mass Channel 1851 Mass in Suites Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Art Nitsch Entertainment in Suites Healthy Hands and Dinner 10:00 2:00	23 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Winter Outing! Marian's Pizza Interfaith Service 1851 Healthy Hands and Dinner 3:00	24 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Funny Babies and Animals IN2L Interfaith Service 1851 Healthy Hands and Dinner 3:00	25 4:00 Healthy Hands and Lunch Saturday Mass Channel 1851 Healthy Hands and Dinner
26 9:00 Mass Channel 1851 Interfaith Service 1851 Healthy Hands and Lunch Movie Matinee and popcorn Family Visits Dinner	27 9:00 Mass Channel 1851 Communion Service with Mary Lu Gentle Stretches Memory-cize Daily Perks Bubble Wrap Appreciation Day Release Some Stress! Healthy Hands and Dinner	28 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Ellen Gould Entertainment Aromatherapy Healthy Hands and Dinner 2:45	29 9:00 Mass Channel 1851 Mass on Leo Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch SINGO Healthy Hands and Dinner 10:00	30 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch Visit with Buddy Valentine's Day Crafts Interfaith Service 1851 Healthy Hands and Dinner 3:00	31 9:00 Mass Channel 1851 Gentle Stretches Memory-cize Daily Perks Healthy Hands and Lunch January Trivia Facts and Legends Interfaith Service 1851 Healthy Hands and Dinner 3:00	