

July 2024

Common ground.

Soul Food.

From the office of Mission Integration and Spiritual Care.

To be spiritually independent is to be open to the promptings of the Holy Spirit who Jesus says will teach us all things, John 14:26. How does the Holy Spirit teach us? The Holy Spirit teaches all of us in the way he deems fit for the individual, therefore, how he impinges on each person is unique. At the same time, he could teach us through what is happening around us or through one another.

Although, independence means freedom from not having one's own choice, it also means to be free to welcome wisdom. Wisdom to be open to the Holy Spirit to inspire us through one another and or the religious organizations, for example, the Church's teachings. The Spirit of God unites us in our diversity. Fr. Joe Weigman crowns this with his powerful reflection on the ultimate freedom of all Christians, which resides in our unity as one body of Christ.

Lola Alokun

Director of Mission Integration and
Spiritual Care

King Edward's strong troops advanced on Concord, MA in April 1775. Paul Revere sounded the alarm that "the British are coming!" Finally, on July 4, 1776, a formal declaration of Independence was signed by the Continental Congress. "The United Colonies of North America," it said, "are free and independent."

Even today, American citizens expect to be independent. We want to make our own choices regarding, for example, how we will worship. Fair enough; but Americans who worship God as Christian must also tolerate some dependence. There is not such a thing as a disciple of Christ who is disconnected from God. Disciples also can't be disconnected from other disciples. That's why the Eucharist is more than something we receive; Eucharist is something we are. We are the body of Christ.

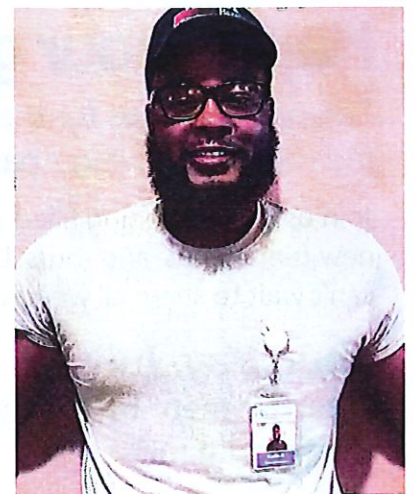
Happy fourth of July! Happy Independence to all!

Fr. Joseph Weigman
Priest Chaplain



Employee spotlight.

Keith has worked at St. Clare Commons for 10 months in the Maintenance Department. He is from Toledo and loves to travel to Las Vegas. His favorite part about working here is interacting with the residents. Keith's favorite sport is basketball and he likes the fall. On a typical day you can find him completing work orders and working on projects around the facility. Keith is always willing to help in any way he can and we are thankful to have him as a part of our team!



Fun in the sun.

In June we decorated sun hats for the upcoming warm summer weather. They are darling and will be perfect for patio and popsicle time! This month we celebrated Father's Day with cornhole and throwing horseshoes. We were hit with a heat wave that kept us inside but we still had a great time with all of the fathers. Some of our residents had a real talent for the games. They definitely gave the staff a run for their money.



From our Rehab Department.

Power wheelchairs can be a great way to improve independence with mobility! It also improves quality of life. But they can also be dangerous if the driver is not fully trained on safety with maneuverability and proper use of the chairs functionality. The Occupational Therapy Department here at St Clare Commons offers this training which is mandatory for use of these devices throughout our campus.

Insurance, if in network, often covers this education. If you are thinking about purchasing a power wheelchair or scooter this training must be completed prior to use in our facility for the protection of the driver, our residents, guests and staff members. If you have any questions, please feel free to reach out to Michelle Hunter, our Rehab Director, for further information on how to set this up.

Happy hour grand opening!

Celebrate with us for the unveiling our new Independent Living Apartments.

Join us for an evening filled with laughter, delectable bites, new friendships, and tours. Don't miss out on the fun – we can't wait to share all we have to offer with you!

Thursday, July 25, 4 - 8 p.m.

Entertainment by *The Buzz Anderson Project* starting 5 p.m.



Important dates for family and residents.

July

- 2** Zoar Lutheran Church Service, 1 p.m.
- 4** Independence Day Happy Hour with Bomb Pop Cocktails, 3 p.m.
- 9** Resident Council (*Residents Only*), 1 p.m.
- 9** Live Music with David Putano, 2 p.m.
- 11** Happy Hour with Ragtime Rick, 3 p.m.
- 18** Happy Hour with Ira Morehart, 3 p.m.
- 27** You-nique Bow-tique, 3 p.m., Wood Room
- 30** Resident Council (*Residents Only*), 1 p.m.
- 31** July Birthday Party, 1 p.m.

Bring your own suds.

Beginning August 1, 2024 the facility will no longer be supplying laundry detergent in the Resident Laundry Rooms throughout the building. The Resident Laundry Rooms are a great extra offered at St. Clare Commons and they will remain open 24/7, available to our residents as needed.

Please reach out to Jessica if you have any questions or concerns at 567.336.6351.