

The Lantern

Compassion, Inclusion, Integrity, Excellence and Collaboration

A Magical Start to the Year



It turns out that January is a magical month. First, January 16 is Appreciate a Dragon Day. In Eastern cultures, dragons are powerful beings of wisdom, magic, and longevity, and their symbolism is often used by emperors and leaders. European cultures tend to view dragons as fearsome

fire-breathing foes. These winged beasts can fly, and perhaps this is why the word *dragon* comes from a Greek word meaning “I see clearly,” as if dragons can see the entire world from above.

Then January 19 is Brew a Potion Day. Potions are believed to heal, bewitch, or poison others. In olden days, traveling salesmen and charlatans would travel across the land selling snake oil panaceas, promising to heal any and every possible ailment. Even in modern times, we see television infomercials selling products guaranteed to clear our skin, regrow our hair, or clean our upholstery. In lieu of these potions, concoct your own magical mixture or recipe and give it to someone you love on January 19.

If the magic of fantasy is too far-fetched for you this month, you could instead engage in another sort of magic: January 2 is Science Fiction Day. The mysteries of science can sometimes be even more baffling than dragons and potions. After all, who could have foretold rovers roaming Mars? A person falling to Earth in a 24-mile free dive from the edge of space? The ability to hold a computer in the palm of your hand? Of course, all of these achievements are mere science. For them to become science *fiction*, the scientific advancement must present some dreadful and unforeseen challenge.

This January, the biggest challenge may be to allow your imagination to take flight and consider dragons, potions, and scientific calamities. Then February will bring us firmly back to Earth.

January Birthdays

Resident Birthdays

January 10 Ken Baeth
 January 11 Sister Jan I
 January 16 Charlie Z
 January 16 Kay M
 January 16 Father Goellen
 January 18 Les P
 January 19 Dick A
 January 19 Darlene B
 January 27 Al I
 January 28 Lucy K
 January 29 Mary I

Staff Birthdays

January 2 Jane M – CMA
 January 2 LaVonne M-Culinary Support
 January 10 Lydia J – CMA
 January 16 Carolyn B – CMA
 January 20 Genevieve K – CMA
 January 27 Deb L – Dir. Of Marketing
 January 30 Grace N – Dining Attendant

Coming Soon to Riverview!!

Attention!!Attention!!Attention!!

We will be installing a bulletin board in the Hallway by the Coffee Shop/Lounge sometime in January. This bulletin board will be used to communicate many things. It will decrease the number of weekly communications that are sent out weekly. It will be the ONE PLACE that we will communicate changes in daily schedules, the weekly menus, winners of activities and more.

Celebrating January

Adopt a Rescued Bird Month

Mentoring Month

International Creativity Month

Universal Letter-Writing Week

January 12–18

Buffet Day

January 2

Twelfth Night

January 5

National English Toffee Day

January 8

National Word Nerd Day

January 9

National Hat Day

January 15

National Hugging Day

January 21

National Polka Dot Day

January 22

National Compliment Day

January 24

Down the Rabbit Hole in January

January is a significant month for *Alice in Wonderland* enthusiasts. Lewis Carroll, born Charles Lutwidge Dodgson, entered the world on January 27, 1832, and passed away on January 14, 1898. His famous tale, *Alice’s Adventures in Wonderland*, began in 1862, during a boat trip where he entertained the Liddell children with an improvised story. Young Alice Liddell, the inspiration behind the heroine, urged Carroll to write it down. After two years of writing, the book was finished in 1864 and published the following year, quickly becoming a literary sensation.

The book introduced the world to memorable characters like the Mad Hatter, whose tea party never ends, and the grinning Cheshire Cat, who can disappear at will. Carroll even invented a new type of poetry, the “nonsense poem,” one of the best examples of which is “Jabberwocky,” which appears in *Through the Looking-Glass*, the sequel to *Alice’s Adventures in Wonderland*.

What makes *Alice in Wonderland* so fascinating is its mix of wordplay, logic, and fantasy. Carroll was not just a writer but also a mathematician, which explains the whimsical logic and puzzling riddles that fill the story. His love of paradoxes and mathematical theories shines through in scenes like the Mad Hatter’s tea party and the Queen’s curious rules for croquet. This blend of intellectual play and imaginative adventure is what makes *Alice* a timeless favorite for readers of all ages.

January is a perfect time to embrace the whimsical world of *Alice in Wonderland*. Lewis Carroll’s beloved tale, now over 150 years old, continues to captivate readers of all ages. The story has inspired countless adaptations, including theater productions, ballets, and even video games, cementing its place in pop culture. This January, whether by rereading the book or exploring a new adaptation, it’s worth revisiting Wonderland to marvel at the unique genius of Carroll and his enduring creation.

Galloping into Radio History



The call of “Hi-Yo, Silver! Away!” first echoed on Detroit’s WXYZ radio station on January 30, 1933. A mysterious masked cowboy known as the Lone Ranger went on to become one of the most famous and influential western heroes of the 20th century.

WXYZ station owner George Trendle and writer Fran Striker co-developed the idea of *The Lone Ranger*, yet neither of them had any experience with cowboys or the Wild West. To them, this hardly mattered. After seeing the success of the movie *The Mask of Zorro*, they wanted to develop an American version of a masked swashbuckler. Furthermore, they wanted their hero to set an example of good morals and to stand for truth, justice, and freedom. The show was an instant success and eventually drew an audience of 20 million faithful listeners three times a week.

The writers did not worry about historical accuracy. This was perhaps most evident in the character of Tonto, the Lone Ranger’s faithful Native American sidekick, who uttered simple phrases and groans. During early episodes, the Lone Ranger was often stuck talking to his horse, Silver. The writers realized they needed a second character, so they introduced Tonto on February 25, 1933. Like the Lone Ranger, Tonto was also a model of justice and truth, often providing the brains of the duo.

By the 1950s, *The Lone Ranger* had moved to film and television and starred Clayton Moore as the masked hero. The western craze hit full stride, and a string of hit shows followed: *The Roy Rogers Show*, *The Adventures of Wild Bill Hickok*, *Bonanza*, *Gunsmoke*, *Maverick*, and *Rawhide*. Some argue that the western declined with the Red Scare, the Space Race, and the Cold War. Yet others contend that westerns never went out of style. *The Lone Ranger* struck gold in 1933, and westerns have been treasured ever since.

The Language of Touch

The ingenious system of raised dots that are “read” through the fingertips by the blind is known as braille and is named for the Frenchman Louis Braille. As a student at the National Institute for Blind Youth in Paris, Braille loved to read and craved a wider variety of books. His mission was to create a new alphabet for the blind, and, at age 15, he developed braille. January 4, World Braille Day, celebrates his achievement and his birthday.

Braille based his alphabet on a secret military code developed by Captain Charles Barbier de la Serre for Napoleon’s French army. This code of dots, known as *écriture nocturne*, or “night writing,” was a way for soldiers to communicate silently and without a light at night. Barbier visited the Institute for Blind Youth in Paris to present his system. Braille quickly mastered Barbier’s system, discovered its flaws, and developed his new system. When he presented his improvements to Barbier in person, the old army captain was incredulous and offended. History, however, has proven Braille’s contribution to be as important as Gutenberg’s printing press.

Toenail Care at Riverview

Nancy Burley provides thorough toenail trimming in the Riverview Salon on Tuesdays & Wednesdays. Soaking is followed by removal of impacted non-living tissue, plus cuticle work, cutting, filing and reducing of thick toenails (if necessary) and foot massage. Pedicures are also available, which includes the above and skin care of the feet and polish. Nancy has advanced training, including working on Diabetic feet.

Nancy Burley has over 45 years of experience in hairdressing. She loves to help clients have hair that is more manageable so it lays better. Nancy spends time to listen to her clients to achieve their desired results.



Brain Bending Fun



Rubik’s Cubes keep our minds sharp.

Just as exercise is healthy for the body, brainteasers are healthy for the brain. Flex your gray matter by answering some of these brainteasers below:

1. A man stands on one side of a river, his dog on the other. The man calls his dog, who immediately crosses the river without getting wet and without using a bridge or a boat. How did the dog do it?
2. In 1990, a person is 15 years old. In 1995, that same person is 10 years old. How could this be?
3. Before Mount Everest was discovered, what was the highest mountain in the world?

Is your mind too cluttered with irrelevant minutiae to solve January’s brainteasers? Never fear. Another little-known fact is that January 4 is Trivia Day, a day to demonstrate the remarkable benefits of random knowledge. Make some room in your head for these curious tidbits:

- *Dreamt* is the only English word that ends with the letters *mt*.
- Hydrox cookies debuted in 1908, four years before Oreos.
- Tigers have striped skin, not just striped fur. The pattern of stripes is unique to each tiger, similar to human fingerprints.

Answers: 1. He walked; the river is frozen. 2. The person was born in 2005 BC. 3. Mount Everest; it was the highest mountain even before it was discovered.

VACCINATIONS AVAILABLE

FIRST TUESDAY OF EVERY MONTH

10:00 am – noon (in the clinic)

AVAILABLE VACCINATIONS:

FLU

RSV

COVID

SHINGLES

HEPATITIS B

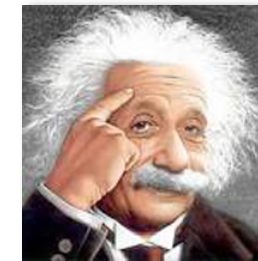
PNEUMOCOCCAL

TETANUS/PERTUSSIS (Dtap)

"Please sign up at the front desk. There is room for 5 people per time. If you are wondering what vaccinations you are in need of, please see Krysta."



Celebrate the Unusual



January 10 is the day to hug the nonconformist in your life—it’s Peculiar People Day. The word *peculiar* is not an insult. Some of the most creative scientists and artists were known for their eccentricities. Albert

Einstein picked up cigarette butts off the street to collect tobacco for his pipe. Salvador Dalí gave lectures in a deep-sea diving suit to represent being submerged in the subconscious mind and walked an ant eater on a leash through the streets of Paris. Ben Franklin began his days with an “air bath,” standing in front of an open window to catch a breeze in his birthday suit. All of these people may have shared a trait that psychologists call “cognitive disinhibition,” a failure to ignore irrelevant information. While many filter out unhelpful information, creative types make offbeat connections all day long, leading to peculiarity, yes, but also wonderful innovations.