

Always Available Food Menu

Available 5:30 am-7:00pm Call Ext. 247

*Outside these hours, please ring your call light and the nursing staff will assist.

*Some items are also on unit at your nurse's station.

Soups:

Chicken Noodle

Tomato

Vegetable

Sandwiches:

Assorted lunch meat

Peanut Butter and Jelly

Egg and Cheese Croissant

Tuna/Chicken/Egg Salad

Grilled Cheese

Grilled Chicken Breast

Salads:

Fruit and Cottage Cheese Plate

Chef Salad

Cereal:

Oatmeal

Raisin Bran

Shredded Wheat

Snacks:

Assorted Cookies

Peanut Butter Crackers

Chips

Apple, Orange, Banana, Apple Sauce

Yogurt

Pudding

Ice Cream & Sherbet

The Kitchen's phone ext. is 247

Attention Family and Friends:

If you want to eat a meal with your loved one you may purchase a meal ticket at the front desk for \$5.00. Thank you.

October Birthdays

If you were born between October 1–22, you balance the scales of Libra. Libras are very social, seek harmony through compromise, and have strong powers of critical thinking. Those born between October 23–31 are passionate Scorpios, considered the most intense sign in the zodiac. While on the outside Scorpios are calm and composed, inside they are forceful, emotional, determined, and ambitious.

- Bud Abbott (comedian) – October 2, 1895
- Jackie Collins (author) – October 4, 1937
- Desmond Tutu (archbishop) – October 7, 1931
- John Lennon (musician) – October 9, 1940
- e. e. cummings (poet) – October 14, 1894
- Bela Lugosi (actor) – October 20, 1882
- Annette Funicello (actress) – October 22, 1942
- Minnie Pearl (comedian) – October 25, 1912
- Emily Post (author) – October 27, 1872
- Julia Roberts (actress) – October 28, 1967

RESIDENT BANKING

Banking Hours at PCC are as follows:

Monday – Friday 9:00-3:00

Saturday 11:00-1:00

Sunday 11:00-1:00



October 2024

Providence Care Center

419-627-2273 | 2025 Hayes Avenue | Providence Care Center on Facebook

Executive Director/Admin.

Denice Day, LNHA

Director of Nursing

Pauline Basinger, RN

Asst. Dir. of Nursing

Rebecca Gordon, RN

Infection Control

Laura Clayton, RN

CV & MB Unit Manager

Rehab/RW Unit Manager

Joyce Walton, RN

Director of Nutrition

Amy Fox, CDM, CFPP

Dietician

Amy Apple, RD

Admissions Coordinator

April Hupp

Spiritual Care

Courtney Hurlburt

Director of Maintenance & Transportation

Lisa Wallen

Environmental Services

Deb Moran

Activities

Shawn Lind, ADC, CDP, CMDCP

Social Services

Shirl Felder, LSW

Medical Records

Kelly Coffey

Director of Rehab

Izabela Marten, COTA

Business Office

Tara Villarreal

Staff Development

Nicole Koch, RN

October Highlighted

As Halloween approaches, images of bats often flutter into our minds, adding a spooky touch to the season. However, there's much more to these fascinating creatures than their eerie reputation suggests. Let's explore some interesting facts, common myths, and the many benefits bats provide.

Bats are the only mammals capable of sustained flight, with over 1,400 species worldwide. They range in size from the tiny bumblebee bat, weighing less than a penny, to the large flying foxes with wingspans of up to six feet. Despite their diversity, bats share some common traits, such as echolocation, which allows them to navigate and hunt in the dark by emitting high-frequency sounds.

One common myth is that bats are blind. In reality, all bats can see, and many have excellent night vision. Another misperception is that bats are aggressive bloodsuckers. While vampire bats do exist, they are just three species out of more than a thousand, and they mainly feed on livestock, not humans.

Bats play crucial roles in ecosystems. They are natural pest controllers, consuming vast amounts of insects, including mosquitoes. A single bat can eat up to 1,000 mosquitoes in an hour! Additionally, fruit bats are vital pollinators and seed dispersers for many plants, including those that produce bananas, mangoes, and avocados.

Despite their benefits, bats face numerous threats, including habitat loss and diseases like white-nose syndrome. Conservation efforts are essential to protect these misunderstood animals.

As Halloween casts its spooky spell, remember that bats are more than just a symbol of the season. They are remarkable, beneficial creatures deserving our respect and protection. By dispelling myths and understanding their importance, we can better appreciate the incredible world of bats.

Costumes Welcome

We are encouraging residents, families and staff to wear costumes on Wednesday October 30 AND Thursday October 31st. We will have a Costume Contest at the Resident Halloween Party on October 31st.

Pumpkin Contest

Staff will be pairing up for a teambuilding activity this month. They will work together to decorate pumpkins and the residents will be voting for their favorite on October 16th!

Celebration of Life

The quarterly Celebration of Life will be on Sun. 10/13 at 2:00 in the Chapel. Join us as we celebrate the lives of those that have gone to their Heavenly home this quarter.

Outings for October:

Sign up on the Activity Door for ONE, to allow for other residents the opportunity to get out of the building!

- Tues. 10/8 American Letion Bingo and Burger Bar Outing
- Thurs. 10/10 Picnic on the Pond and Pumpkin Decorating at TCOP
- Thur. 10/24 Lets Go For A Fall Drive

Bingo Buck Store

The September Bingo Buck Store is planned for Thursday October 3rd. Resident can spend their September Bingo Bucks Older Bingo Bucks are Void.

LIVE MUSIC THIS MONTH:

- Party in the "Pumpkin Patch" With Gordon Taylor
- Folk Music & Oldies w/ Becky & John
- Liz Collins on her Cello Heart String Studio

SAVE THE DATE

Sunday 12/8/24 PCC Holiday Open House
Detail to come in the upcoming month!

small but mighty

no, this isn't an editing mistake. October 14 is lowercase day. the rules of capitalization are so confusing, we all deserve a break from them for one day. so feel free to not capitalize proper nouns, like days of the week, months, titles, or holidays.

perhaps the poet e. e. cummings began this fad back in the early 20th century. cummings was known for both signing his name and writing entire poems strictly in lowercase letters. some say he did this because he simply wanted to be different; others say he wanted all words and thoughts to have equal importance. using all lowercase letters was a way of establishing an equality of words so that readers could decide what was important. as cummings wrote:

"if you like my poems let them
walk in the evening, a little behind you"

if you like writing and reading in lowercase letters, let those lowercase words wander wherever they wish for one day.

American Heritage Clothing Co

Get Ready To Shop!

Mark your calendars because American Heritage Clothing Company will be set up in the Activity Room on November 1st for your shopping convenience. They will be here 10:30-12:00! Family members are welcome to shop as well. They accept Resident Trust Fund, Credit Card, Check and Cash. Any questions please call the Activity Office at 419-627-2273 ext. 233!

Trick or Treat

PCC Trick or Treat will be on Wednesday October 30th 6:00-7:00 pm. This is open to the staff for their children, the resident's children and grandchildren. It is NOT for the public. We are currently taking donations of candy for the event. We ask that you RSVP to help us plan according. Call Activities 419-627-2273 ext. 233!

Resident of the Month:

January: Carol Polta
February: Susie Wilhelm
March: Carol Michel
April: Elouise Traylor
May: Claudia Harkness
June: Beverly Griffin
July: Susan Milroy
August: Mary Ann Schaffer
September: Bernard Cross
October: Clara Williams
November:
December:

Employee of the Month:

January Ladricka McDuffy, STNA
February Carla Peters, Laundry
March Vicky Braker, Nursing
April Rachel Lennihan, STNA
May Christina Smith, Hospitality
June Joy King, STNA
July Chrissy Smith, Receptionist
August Racquel Swain, Dietary
September Tanisha Conway, STNA
October Stacy Wright, Housekeeping
November
December:

Loving Lucy

On October 15, 1951, Lucille Ball brought her sitcom *I Love Lucy* to television audiences. The show's plot was relatively simple: the naïve and ambitious wife of a popular bandleader strives for attention despite her obvious lack of talent. Luckily, the actor who played this character, the inimitable Lucille Ball, had plenty of talent. Her comedic genius propelled the show to the top of the charts. *I Love Lucy* was America's most-watched show for four of its six seasons. It won five Emmy Awards and a George Foster Peabody Award for excellence.

I Love Lucy was the first television show to be filmed using multiple cameras in front of a live studio audience, though many said such a production could not be done. This live audience proved vital, as it provided a real-life laugh track for the sitcom. Most episodes were filmed in just 30 minutes. Production didn't stop for actors' mistakes. If an actor forgot a line, it was up to the other actors to bail them out. Just about the only time production did slow down was for Lucy's big costume changes. But the comedy kept on coming, and *I Love Lucy* became a sensation.

Resident of the Month:

Congratulations, Clara William. Clara is newer to our Providence Family! In her short time here she has made many friends and has found favorite activities that fulfill her day. She is a favorite in the Activity Office as she has made a great connection with that team. Clara brings much joy to our days here at Prov and her presence makes us smile. Congratulations, Clara!

Employee of the Month:

Congratulations, Stacy Wright. Stacy is very compassionate about the resident's needs and assuring a safe, clean environment for them. She listens with empathy. She wears her heart on her sleeve. Stacy is full of respect and is committed to teamwork. Congratulations, Stacy.