Always Available Food Menu

Available 5:30 am-7:00pm Call Ext. 247 *Outside these hours, please ring your call light and the nursing staff will assist. *Some items are also on unit at your nurse's station. Soups: Chicken Noodle Tomato Vegetable Sandwiches: Assorted lunch meat Peanut Butter and Jellv Egg and Cheese Tuna/Chicken/Egg Salad **Grilled Cheese Grilled Chicken Breast** Salads: Fruit and Cottage Cheese Plate Chef Salad Cereal: Oatmeal Raisin Bran Cheerios Snacks: **Assorted Cookies** Peanut Butter Crackers Chips Apple, Orange, Banana, Apple Sauce Yogurt Pudding Ice Cream & Sherbet The Kitchen's phone ext. is 247

Attention Family and Friends:

If you want to eat a meal with your loved one you may purchase a meal ticket at the front desk for \$5.00 (meal from kitchen) or \$3.00 (meal from the Grille). Thank you.

RESIDENT MENUS GET DISTRIBUTED ON MONDAYS AND THURSDAYS OF EACH WEEK AT LUNCH. PLEASE DO NOT SEND THE BACK ON YOUR TRAYS, GIVE THEM TO STAFF OR DROP THEM OFF AT THE KITCHEN.

BINGO BUCK STORE CHANGES:

Effective January 1st, when coming to the Bingo Buck Store you will "pull" a number to know when you get to enter the store. Example: If there are 20 people, 20 numbers will be drawn. No matter what time you line up for the activity, if you draw number 7, you will be the 7th person to shop. Any questions see Shawn Lind, Activity Director.

RESIDENT BANKING

Banking Hours at PCC are as follows: Monday – Friday 9:00-3:00 Saturday 11:00-1:00 Sunday 11:00-1:00

New Committee:

On Friday, March 28th at 2:00, we will introdice a new resident committee. We will have an Activity Committee and residents will be futher assisting in planning their monthy activity calendar. Activities starting working on an Activity Survey last month and this is in addition to better meeting the request and needs of our residents. See Shawn Lind for further details.



March 2025

Providence Care Center

2025 Hayes Avenue | 419-627-2273 | Providence Care Center on Facebook

Meet The Managers:

Executive Director/Admin. Denice Day, LNHA

Director of Nursing Pauline Basinger, RN Asst. Dir. of Nursing Marcy Valliant, LPN **Infection Control** Laura Clayton, RN **Director of Nutrition** Amy Fox, CDM, CFPP Dietician Amy Apple, RD **Admissions Coordinator** April Hupp **Spiritual Care Courtney Hurlburt Director of Maintenance & Transportation** Lisa Wallen **Environmental Services** Lisa Wallen Activities Shawn Lind, ADC, CDP, CMDCP **Social Services** Shirl Felder, LSW **Medical Records** Kelly Coffey **Director of Rehab** Chris Reffitt, PTA **Business Office** Tara Villarreal **Staff Development** Nicole Koch, RN



- What is a leprechaun's favorite time of day? Golden hour.
- Why did the leprechaun turn down **a bowl of soup?** He already had a pot of gold.
- What kind of spells do leprechauns **use?** Lucky charms.
- Where do leprechauns hang **out?** On the paddy-o.
- Why are leprechauns so fast? They do everything in a pinch.
- Why do leprechauns hate **running?** They'd rather jig than jog.
- What conversation can you expect from a leprechaun? One with a lot of small talk.
- What position do leprechauns play **in baseball?** *Short*stop.
- Why are leprechauns hard to get along with? They're short-tempered.
- When does a leprechaun cross the road? When the light is green.
- Why do leprechauns love to garden? They have green thumbs.
- What do you call a leprechaun's vacation home? A lepre-condo.
- Why do leprechauns hate amusement parks? They're too short for the rides.
- Why are leprechauns so stingy? They're always pinching pennies.
- What did the Irish potato say to his sweetheart? I only have eyes for you.

What Are Some Things Happening:

National Anthem Day is 3/3/25. Nearly 117 years passed after Francis Scott Key penned "Defense of Fort M"Henry" before it became the national anthem of the USA. "Hail Columbia" and "My Country 'Tis of Thee" held honorary places as patriotic songs. But, the US didn't have an official anthem until la congressional resolution, signed by Pres. Hoover, until "The Star-Spangled Banner" became the national anthem of the US on March 3. 1931. The melody that accompanies the lyrics for Key's song is titled "To Anacreon in Heaven." The song honoring Greek poet Anacreon was written by English composer John Stafford Smith about 30 years before Key wrote the Star-Spangled Banner. On 3/3, Residents will learn more bout this important history and will have virtual tour of the Francis Scott Key Park in addition to Fort McHenry.

National Oreo Day is 3/6. This "Oreo Biscuit" was first produced in 1912 in New York City by National Biscuit Company (today known as Nabisco). Today, the block on which the factory was located is known as "Oreo Way". Their first Oreo cookies in the US sold for .25 per pound in a clear glass topped novelty can. Resident will try new flavors on 3/6 and learn more of the history as we celebrate Oreo Day!

Nat. Open An Umbrella Indoors is 3/13. This day is a National Science Experiment of sorts. It is to have you open one and see if you have bad luck. In Activities this day, we will test our luck by hangning an umbrella upside down and toss colored balls to see if we can catch them in the umbrella. This will be a good form of physical activity for your loved ones in addition to the science behind it and social engagement.

Write Your Story Day is 3/14. It will surprise you once you put pen to paper, or fingers to keyboard and the words start to fill the pages that you find out there is so much to your life to tell. It's important to your family, your children and grandchildren especially, to share your story. Activities will be working on specific "one page" stories to tell about our residents lives and will (at a later date) hand them in their rooms. (we have been working on this project for a few weeks now).

-see calendar for more fun activities this month

The Proposal is a 2009 American romantic comedy film. It stars Sandra Bullock and Ryan Reynolds with Malin Åkerman, Craig T. Nelson, Mary Steenburgen and Betty White in supporting roles. The plot centers on a Canadian executive who learns that she may face deportation from the U.S. because her visa renewal application was denied. Determined to retain her position as editor-inchief of a publishing house, she convinces her long-suffering personal assistant to temporarily act as her fiancé.



National Proposal Day is March 20, 2025. Instead of proposing, we figured we would watch "The Proposal" instead. Activities will be showing this movie in the Theater Room at 1:30.

Mardi Gras Luncheon:

Tuesday, March 4th. Dietary will be cooking up a mouthwatering, New Orleans meal for residents for lunch. Chicken Sausage Gumbo, Chicken Etouffee, Red Beans and Rice, followed up by Mardi Gras Cake! We will be having Paczki's for Breakfast too. They will be picked up fresh at The House of Donuts. At 3:30 we will have a Bourbon Street Happy Hour!

Resident of the Month:

January: Marilyn Ohlemacher February: Donald Maxam March: Janet Weaver April: May: June: July: August: September: October: November: December:

Employee of the Month:

January: Tracy Gochenour, STNA February: Kemaria White, Dietary Asst. March: Cassie Sanford, Receptionist April May June July August September October November December

IMPORTANT REMINDER: Surge Protectors and Extension Cords are PROHIBITED! This is to prevent a fire within in the building!

Resident of the Month:

Congratulations, Janet! Janet was born to the late Eugene & Loretta Babisak in the Good Samaritan Hospital here in Sandusky. She was raised on Central Avenue with her brother and her sister. She played the flute a short time in school and is a Sandusky Blue Streak Graduate. She met her husband at Cedar Point where they both worked as Police for Cedar Point. She married in 1981. Janet has an Associate's Degree in Law Enforcement however life event directed her to work at Meijer as a Pharmacy Tech. Janet loved to cook and Porcupine Balls was a favorite meal to make. Today, Janet has flourished over the past year, going for introvert to extravert. She is involved in almost every activity there is to offer at PCC. She is a social butterfly and is seen visiting with many all throughout the day. Congratulations, Janet, resident of the month for March 2025.

Employee of the Month:

Congratulations, Cassie, Employee of the Month for March. Cassie is a team player, no "I" in "Team" with her. She is a hard worker, pleasant voice when calling the facility and joyful face when approaching the front desk. She has a loving presence about her for all that walk in the front door. She consistently goes bout and beyond during her shifts. She is a true example of Excellence, Compassion and all of our other Core Values. She genuinely cares about the residents, families and employees and she is an advocated for residents when they have a need. We are pleased to announce her as our Employee of the Month for March.