

Always Available Food Menu

Available 5:30 am-7:00pm Call Ext. 247

*Outside these hours, please ring your call light and the nursing staff will assist.

*Some items are also on unit at your nurse's station.

Soups:

Chicken Noodle

Tomato

Vegetable

Sandwiches:

Assorted lunch meat

Peanut Butter and Jelly

Egg and Cheese Croissant

Tuna/Chicken/Egg Salad

Grilled Cheese

Grilled Chicken Breast

Salads:

Fruit and Cottage Cheese Plate

Chef Salad

Cereal:

Oatmeal

Raisin Bran

Shredded Wheat

Snacks:

Assorted Cookies

Peanut Butter Crackers

Chips

Apple, Orange, Banana, Apple Sauce

Yogurt

Pudding

Ice Cream & Sherbet

The Kitchen's phone ext. is 247

Attention Family and Friends:

If you want to eat a meal with your loved one you may purchase a meal ticket at the front desk for \$5.00 (meal from kitchen) or \$3.00 (meal from the Grille). Thank you.

BINGO BUCK STORE CHANGES:

Effective January 1st, when coming to the Bingo Buck Store you will "pull" a number to know when you get to enter the store. Example: If there are 20 people, 20 numbers will be drawn. No matter what time you line up for the activity, if you draw number 7, you will be the 7th person to shop. Any questions see Shawn Lind, Activity Director.

Resident Menus are distributed on Mondays and Thursdays each week.

RESIDENT BANKING

Banking Hours at PCC are as follows:

Monday – Friday 9:00-3:00

Saturday 11:00-1:00

Sunday 11:00-1:00



February 2025

Providence Care Center

2025 Hayes Avenue in Sandusky, OH | 419-627-2273 | find us on Facebook & Instagram



Executive Director/Admin.

Denice Day, LNHA

Director of Nursing

Pauline Basinger, RN

Asst. Dir. of Nursing

Marcy Valliant, LPN

Infection Control

Laura Clayton, RN

CV & MB Unit Manager

Rehab/RW Unit Manager

Director of Nutrition

Amy Fox, CDM, CFPP

Dietician

Amy Apple, RD

Admissions Coordinator

April Hupp

Spiritual Care

Courtney Hurlburt

Director of Maintenance &

Transportation

Lisa Wallen

Environmental Services

Lisa Wallen

Activities

Shawn Lind, ADC, CDP,

CMDCP

Social Services

Shirl Felder, LSW

Medical Records

Kelly Coffey

Director of Rehab

Izabela Marten, COTA

Business Office

Tara Villarreal

Staff Development

Nicole Koch, RN

Goody Goody Gumdrops!

February is a sweet month for candy lovers, with both Bubble Gum Day and Gumdrops Day celebrated within weeks of each other. Bubble Gum Day falls on the first Friday of February, while Gumdrops Day is February 15. Both holidays highlight the history and fun behind these popular treats.

Bubble gum has a surprisingly long history, dating back to ancient peoples who chewed natural substances like tree resin. Modern bubble gum, however, was invented in 1928 by Walter Diemer, a young accountant at the Fleece Corporation. Diemer accidentally created a formula for gum that wasn't too sticky and could stretch—perfect for blowing bubbles. It was famously pink because that was the only dye available at the time. Bubble gum became an instant hit, and today, Americans chew an average of 100 pieces each year.

Gumdrops, on the other hand, have been around since at least the 19th century. These chewy, colorful candies are often used to decorate cakes and gingerbread houses. While their exact origin is debated, the gumdrop's sugary coating and fruity flavors have made them a long-standing favorite. The candy was so beloved that a NASA spacecraft was even named *Gumdrop* in the 1960s.

Both gum and gumdrops have made their mark in popular culture and candy aisles for decades. Bubble gum is often linked with childhood, and gumdrops remain part of festive traditions. Furthermore, gumdrops paved the way for other popular gummy candies like gummy bears and gummy worms. Interestingly, while we celebrate these sugary delights, February is also Gum Disease Awareness Month, a reminder to enjoy sweets in moderation and prioritize dental care.

These candy-themed holidays offer a chance to indulge, reminisce, and enjoy the playful nature of bubble gum and gumdrops. Whether you prefer blowing bubbles or savoring a sugary gumdrop, February is full of reasons to celebrate these nostalgic treats.

Matinee Movie for February:

Showing Thurs. Feb. 13 at
1:30

The Six Triple Eight is a 2024 American [war drama](#) film written and directed by [Tyler Perry](#), on the [6888th Central Postal Directory Battalion](#), an all-black, all-female battalion, in [World War II](#).^[3] It is based on the article "Fighting a Two-Front War" by Kevin M. Hymel

Plot:

During World War II, 855 women joined the fight to fix the three-year backlog of undelivered mail. Faced with discrimination and a country devastated by war, they managed to sort more than 17 million pieces of mail ahead of time.

The Day The Music Died

The Day The Music Died commemorates the premature death of singers Buddy Holly, Richie Valens and the Big Bopper. These 3 Rock singers died in an airplane crash on Feb. 3, 1959 at the height of their popularity. These 3 were among the top of the 1950's generation for music idols. The death of these 3 musicians was nothing short of tragic. On Feb. 3 in Activities, we will observe this date. We will gather at 10:30 and read the story of their death and reminisce with a few songs via YouTube in the Theater Room.

Bob Marley's Birthday

At 2:00 on Feb. 6th, we will have a Jamazian themed social as we have trivia about Bob Marley and listen to a few of his famous songs. We will enjoy mock tail drinks and kabobs at our social.

WEAR RED HEART MONTH

On Fridays, through the month of February, we encourage you to wear RED for Heart Month.

Some of our special activities:

OUTING: Tues. Feb. 11 Going to the American Legion for a Valentine Craft and Pasta Bar with our friends from other local nursing facilities. Fri. Feb. 21st Black Expo The Sandusky H.S. Sign up in Activities starting Feb. 01. Space is limited.

Pop-Up Valentines: Thurs. Feb. 13th in the front lobby while supplies last!

Cocoa With a Cop: Fri. Feb. 14th at 10:30, Perkins Police will be visiting and having Cocoa with residents in Activities. Happy Valentines Day!

Sand. H.S. Step Team & Choir: Fri. Feb. 14th at 1:00. This will be held in either the Activity Room or Dining Room.

Resident of the Month:

January: Marilyn Ohlemacher

February: Donald Maxam

March:

April:

May:

June:

July:

August:

September:

October:

November:

December:

Employee of the Month:

January: Tracy Gochenour, STNA

February: Kemaria White, Dietary Asst.

March

April

May

June

July

August

September

October

November

December

IMPORTANT REMINDER:

Surge Protectors and Extension Cords are PROHIBITED! This is to prevent a fire within in the building!

Resident of the Month:

Congratulations Donald Maxam! Don is married and loves to have his wife visit daily. He has 2 sisters and had a brother. He is a Navy Veteran. He is a Maple Hts H.S. graduate and attended Tri-C. He was a Production Manager for Van Dorn and that is where he met the love of his life who he married in 1980. He has 2 children. He was an avid boater and fisherman. Became a private boat captain in his retirement and was a Commodore of a Yacht Club. His hobby was restoring houses. Today, enjoys the company of his wife and going to various activities at PCC, with her joining him. He has a bright smile that brings all of us joy! Congratulations!

Employee of the Month:

Congratulations Kemaria White, Dietary Asst. On 3/20/24 he joined our Dietary Team here at PCC. Kemaria is better known as K-Man by his peers. Residents adore him and he is very empathetic and compassionate when engaging and serving residents. He is a well-mannered young man who is never seen complaining, always giving 100% to what he is doing. He goes out of his way to do other duties that aren't even in his work description, doing so for other departments. His attendance is spectacular. He is a team player and is the perfect addition to the Dietary Team. Congratulations, K-Man!

Nominees for Employee of the Month for February were:

Shatina Davis
Christy Goff
Kemaria White
Rhonda Matthews
Destiny Brown
Misty Taylor
Neil Trautman