Linus Oakes Monthly Activities

September 2024

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LG	 10:00 Prayer and Share 1:00 Board games in the lounge 5:00 Piano Music With Jean 	2 Labor Day CR 9:30 Yoga and meditation 10:00 Stretch and Tone 1:00 Board Games in the Lounge CR 1:00 Movie:Hachi a dogs tale AR 3:30 Meditation Moments	9:00 Stroll along 10:30 Am Shopping Trip C 2:00 Bingo	9:30 Yoga and meditation 10:00 Stretch and Tone 10:30 Communion 2:00 Stretch and Tone	9:00 Stroll along 1 10:00 Seven Feathers Casino 10-2 1 10:30 Tea Time 1:00 Palliative, Hospice, polst, and advanced directives 6:00 Poker	9:30 Yoga and meditation 10:00 Stretch and Tone 1:00 Board Games 2:00 Stretch and Tone AR 2:30 Meditation Moments 3:00 Social Hour	9:00 Stroll along 10:00 Morning Mimosas 1:00 Board games in the lounge 15 3:00 Social Hour 16 6:00 Bingo
EG	lounge	AR 11:00 Bereavement 1:00 Board Games in the Lounge	10 1. 9:00 Stroll along 1:00 Coffee chat with Chef Charles! 2:00 Bingo 3:00 Silver Creek Band 1. 3:00 Social Hour with wine	Patriot Day 9:30 Yoga and meditation 10:00 Stretch and Tone 12:00 Dementia Support Group Off Campus 1:00 Board Games in the Lounge CR 2:00 Stretch and Tone	12 1 9:00 Stroll along 1 10:30 Tea Time 1:00 Palliative, Hospice, polst, and advanced directives 1 1:30 PM Shopping Trip	9:00 Florence Coast Trip 9:30 Yoga and meditation 10:00 Stretch and Tone 1:00 Board Games in the Lounge R 2:00 Stretch and Tone AR 2:30 Meditation Moments 3:00 Social Hour	14 1 9:00 Stroll along 1 10:00 Morning Mimosas 1 1:00 Board games in the lounge 1 3:00 Social Hour 1 6:00 Bingo
LG	lounge	AR 3:30 Meditation Moments	17 Citizenship Day L 9:00 Stroll along L 10:30 Am Shopping Trip AR 1:00 Vision Writers Group CG 2:00 Bingo CG 3:00 Social Hour with wine CG 3:00 Twisted Pic	9:30 Yoga and meditation 10:00 Stretch and Tone 10:30 Communion 1:00 Board Games in the Lounge 1:00 Cooking Demo with Sous Chef Meeshell! 2:00 Stretch and Tone	19 1 9:00 Stroll along 1 10:30 Tea Time 1:00 Palliative, Hospice, polst, and advanced directives 2:00 Resident Council Meeting 6:00 Poker	9:30 Yoga and meditation 10:00 Stretch and Tone 12:30 Roseburg Audiology MailRoom 1:00 Board Games R 2:00 Stretch and Tone 13:00 Social Hour	21 D 9:00 Stroll along C 10:00 Contemplative Prayer LG 10:00 Morning Mimosas LG 1:00 Board games LG 3:00 Social Hour CR 6:00 Bingo
C LG	lounge	9:30 Yoga and meditation 10:00 Stretch and Tone AR 11:00 Bereavement 1:00 Board Games AR 3:30 Meditation Moments	9:00 Stroll along 1 10:00 Bowman's Pond 2:00 Bingo 4:00 Formal Dinner-Come dressed up	9:30 Yoga and meditation 10:00 Stretch and Tone 11:00 Caregiver Appreciation Day 11am to 1pm LG 1:00 Board Games	9:00 Stroll along 10:30 Tea Time 1:30 PM Shopping Trip	9:30 Yoga and meditation 10:00 Stretch and Tone 1:00 Board Games 2:00 Stretch and Tone AR 2:30 Meditation Moments 3:00 Social Hour and Birthday Celebration!	1 9:00 Stroll along 1 10:00 Morning Mimosas 1 1:00 Board games 3:00 Social Hour R 6:00 Bingo
29 LG	10:00 Prayer and Share 1:00 Board games 5:00 Piano Music With Jean	9:30 Yoga and meditation 10:00 Stretch and Tone 1:00 Board Games AR 3:30 Meditation Moments	AR - Activity Room C - Chapel CR - Community Room L - Lobby LG - Lounge				