

November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>AR - Activity Room C - Chapel CR - Community Room L - Lobby LG - Lounge</p>					<p>1</p> <p>CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone AR 2:30 Meditation Moments LG 3:00 Social Hour with Bugs- R-Us :Trees and Plants</p>	<p>2</p> <p>L 9:00 Stroll along LG 10:00 Morning Mimosas LG 1:00 Board games LG 3:00 Social Hour CR 6:00 Bingo</p>
<p>3 Daylight Saving Ends</p> <p>LG 1:00 Board games C 2:00 Worship Service LG 5:00 Piano Music With Jean</p>	<p>4</p> <p>CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone LG 1:00 Board Games CR 1:00 Movie:Sully AR 3:30 Meditation Moments</p>	<p>5 Election Day</p> <p>L 9:00 Stroll along L 10:30 Am Shopping Trip CR 2:00 LO Bingo / 10¢ a card 25¢ Blackout</p>	<p>6</p> <p>CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone C 10:30 Communion LG 1:00 Board Games LG 3:00 Birthday Celebration</p>	<p>7</p> <p>L 9:00 Stroll along LG 10:30 Tea Time L 10:45 Honoring Douglas County Veterans / complimentary lunch L 1:30 PM Shopping Trip LG 6:00 Poker</p>	<p>8</p> <p>CR 9:30 Yoga and meditation L 10:00 Christmas Marketplace at Methodist Church CR 10:00 Stretch and Tone LG 1:00 Board Games AR 2:30 Meditation Moments LG 3:00 Social Hour</p>	<p>9</p> <p>L 9:00 Stroll along LG 10:00 Morning Mimosas LG 10:00 Sara's Sewing Show & Shop LG 1:00 Board games LG 3:00 Social Hour CR 6:00 Resident Bingo</p>
<p>10</p> <p>LG 1:00 Board games CR 2:00 Community Room Reserved for Sister Cities Meeting C 2:00 Worship Service L 2:15 Veterans Day concert at UCC LG 5:00 Piano Music With Jean</p>	<p>11 Veterans Day</p> <p>CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone L 10:00 Veterans Day Parade AR 11:00 Bereavement LG 1:00 Board Games AR 3:30 Meditation Moments</p>	<p>12</p> <p>L 9:00 Stroll along L 10:30 Am Shopping Trip CR 2:00 LO Bingo / 10¢ a card 25¢ Blackout L 6:15 Fall Concert at UCC</p>	<p>13</p> <p>CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone L 12:00 Dementia Support Group Off Campus LG 1:00 Board Games</p>	<p>14</p> <p>L 9:00 Eugene Shopping L 9:00 Stroll along CR 9:30 Garden Valley Legacy 50 plus ministry LG 10:30 Tea Time L 1:30 PM Shopping Trip</p>	<p>15</p> <p>CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone 12:30 Roseburg Audiology MailRoom LG 1:00 Board Games AR 2:30 Meditation Moments LG 3:00 Social Hour</p>	<p>16</p> <p>L 9:00 Stroll along C 10:00 Contemplative Prayer LG 10:00 Morning Mimosas LG 1:00 Board games LG 3:00 Social Hour LG 6:00 Resident Bingo</p>
<p>17</p> <p>LG 1:00 Board games C 2:00 Worship Service LG 5:00 Piano Music With Jean</p>	<p>18</p> <p>CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone LG 1:00 Board Games CR 1:00 Bunco AR 3:30 Meditation Moments</p>	<p>19</p> <p>L 9:00 Stroll along L 10:30 Am Shopping Trip AR 1:00 Vision Writers Group CR 2:00 LO Bingo / 10¢ a card 25¢ Blackout</p>	<p>20</p> <p>CR 9:30 Yoga and meditation L 10:00 Seven Feathers (Senior day) CR 10:00 Stretch and Tone C 10:30 Communion LG 1:00 Board Games</p>	<p>21</p> <p>L 9:00 Stroll along LG 10:30 Tea Time L 1:30 PM Shopping Trip CR 2:00 Resident Council Meeting 4:00 Friendsgiving - Invite friends to dinner LG 6:00 Poker</p>	<p>22</p> <p>CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone LG 1:00 Board Games AR 2:30 Meditation Moments LG 3:00 Social Hour L 6:00 Howl-a-ween</p>	<p>23</p> <p>L 9:00 Stroll along LG 10:00 Morning Mimosas LG 1:00 Board games LG 3:00 Social Hour LG 6:00 Resident Bingo</p>
<p>24</p> <p>LG 1:00 Board games CR 1:00 Pat Dishman's "100" Birthday C 2:00 Worship Service LG 5:00 Piano Music With Jean</p>	<p>25</p> <p>CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone AR 11:00 Bereavement LG 1:00 Board Games AR 3:30 Meditation Moments</p>	<p>26</p> <p>L 9:00 Stroll along L 10:30 Am Shopping Trip CR 2:00 LO Bingo / 10¢ a card 25¢ Blackout</p>	<p>27</p> <p>CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone LG 1:00 Board Games</p>	<p>28 Thanksgiving</p> <p>CR Community Room Reserved for family gathering 1:00 Early Thanksgiving Dinner /1:00 - 3:00 PM</p>	<p>29</p> <p>CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone LG 1:00 Board Games AR 2:30 Meditation Moments LG 3:00 Social Hour</p>	<p>30</p> <p>L 9:00 Stroll along LG 10:00 Morning Mimosas LG 1:00 Board games LG 3:00 Social Hour LG 6:00 Resident Bingo</p>

*Activities subject to change