

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>CR 9:30 Yoga and meditation</p> <p>CR 10:00 Stretch and Tone</p> <p>CR 12:00 Movie Monday Screening Party Featured Film: Grease</p> <p>LG 1:00 Board Games in the Lounge</p> <p>AR 3:30 Meditation Moments</p>	<p>2</p> <p>L 9:00 Stroll along</p> <p>C 10:00 Prayer and Share</p> <p>L 10:30 Am Shopping Trip</p> <p>L 11:00 Coffee Cart Dash</p> <p>CR 2:00 Bingo with a Donut and Coffee Bar</p> <p>CR 3:30 Remote Control Car Races: Round 1</p>	<p>3</p> <p>CR 9:30 Yoga and meditation</p> <p>CR 10:00 Stretch and Tone</p> <p>C 10:30 Communion</p> <p>LG 1:00 Board Games in the Lounge</p> <p>CR 2:00 Stretch and Tone</p> <p>AR 2:30 Bean Bag Baseball</p> <p>CR 3:30 Remote Control Car Races Round 2</p>	<p>4 Independence Day</p> <p>L 9:00 Stroll along</p> <p>LG 6:00 Poker</p>	<p>5</p> <p>CR 9:30 Yoga and meditation</p> <p>CR 10:00 Stretch and Tone</p> <p>L 11:00 Sizzler</p> <p>CR 2:00 Stretch and Tone</p> <p>AR 2:30 Meditation Moments</p> <p>CR 3:30 Remote Control Car Races Round 3</p> <p>LG 3:30 Social Hour</p>	<p>6</p> <p>L 9:00 Stroll along</p> <p>LG 10:00 Morning Mimosas</p> <p>LG 1:00 Board games in the lounge</p> <p>LG 3:30 Social Hour</p> <p>CR 6:00 Bingo</p>
<p>7</p> <p>Graffiti Sprit Week until Thursday</p> <p>LG 1:00 Board games in the lounge</p> <p>LG 5:00 Piano Music With Jean</p>	<p>8</p> <p>Red White and Blue Day</p> <p>CR 9:30 Yoga and meditation</p> <p>CR 10:00 Stretch and Tone</p> <p>AR 11:00 Bereavement</p> <p>LG 1:00 Board Games in the Lounge</p> <p>1:02 Remote Control Car Races : Round 4</p> <p>AR 3:30 Meditation Moments</p>	<p>9</p> <p>Crazy Sock Day</p> <p>L 9:00 Stroll along</p> <p>C 10:00 Prayer and Share</p> <p>L 10:30 Am Shopping Trip</p> <p>LG 1:00 Tea Chat with Kristen</p> <p>CR 2:00 Bingo with Graffiti Snack Bar</p> <p>AR 3:35 Meditation</p>	<p>10</p> <p>Hat Day</p> <p>CR 9:30 Yoga and meditation</p> <p>LG 10:00 Coffee with Heather</p> <p>CR 10:00 Stretch and Tone</p> <p>L 12:00 Dementia Support Group Off Campus</p> <p>LG 1:00 Board Games in the Lounge</p> <p>CR 2:00 Stretch and Tone</p> <p>CR 2:30 Remote Control Car Races round 5</p>	<p>11</p> <p>Car T- Shirt Day Open House 10 am - 4 pm</p> <p>L 9:00 Stroll along</p> <p>LG 11:00 Jason Heald Performance</p> <p>LG 12:30 Best Car themed T-Shirt Contest</p> <p>CR 1:00 Remote Control Car Championships</p> <p>L 2:00 Graffiti Car Show</p> <p>L 2:15 Peoples Choice Car Pick</p>	<p>12</p> <p>CR 9:30 Yoga and meditation</p> <p>L 10:00 Bowman's Pond</p> <p>LG 1:00 Board Games in the Lounge</p> <p>CR 2:00 Stretch and Tone</p> <p>AR 2:30 Meditation Moments</p> <p>LG 3:00 Talk with Cindy Eastman on Insurance for the next generation.</p> <p>LG 3:30 Social Hour</p>	<p>13</p> <p>L 9:00 Stroll along</p> <p>LG 10:00 Morning Mimosas</p> <p>LG 1:00 Board games in the lounge</p> <p>LG 3:30 Social Hour</p> <p>L 6:00 The Day the Music Died : UCC Amphitheatre</p> <p>CR 6:00 Bingo</p>
<p>14</p> <p>L 10:00 Lavender Festival</p> <p>LG 1:00 Board games in the lounge</p> <p>LG 5:00 Piano Music With Jean</p>	<p>15</p> <p>CR 9:30 Yoga and meditation</p> <p>CR 10:00 Stretch and Tone</p> <p>LG 1:00 Board Games in the Lounge</p> <p>CR 1:00 Bunco</p> <p>AR 3:30 Meditation Moments</p>	<p>16</p> <p>L 9:00 Stroll along</p> <p>C 10:00 Prayer and Share</p> <p>L 10:30 Am Shopping Trip</p> <p>AR 1:00 Vision Writers Group</p> <p>CR 2:00 Bingo with a Cookies and Milk Bar</p> <p>AR 3:35 Meditation</p>	<p>17</p> <p>CR 9:30 Yoga and meditation</p> <p>CR 10:00 Stretch and Tone</p> <p>C 10:30 Communion</p> <p>LG 1:00 Board Games in the Lounge</p> <p>CR 2:00 Stretch and Tone</p> <p>AR 3:30 Sand Art</p>	<p>18</p> <p>L 9:00 Stroll along</p> <p>C 9:45 Chapel worship with Pam</p> <p>LG 10:00 Tai Chi with Bruce</p> <p>LG 10:30 Tea Time</p> <p>L 1:30 PM Shopping Trip</p> <p>CR 2:00 Resident Council Meeting</p> <p>6:00 Poker</p>	<p>19</p> <p>CR 9:30 Yoga and meditation</p> <p>CR 10:00 Stretch and Tone</p> <p>12:30 Roseburg Audiology MailRoom</p> <p>LG 1:00 Board Games in the Lounge</p> <p>CR 2:00 Stretch and Tone</p> <p>AR 2:30 Meditation Moments</p> <p>LG 3:00 Resident Social w/ appearance by John Kline</p>	<p>20</p> <p>L 9:00 Stroll along</p> <p>C 10:00 Contemplative Prayer</p> <p>LG 10:00 Morning Mimosas</p> <p>LG 1:00 Board games in the lounge</p> <p>LG 3:30 Social Hour</p> <p>CR 6:00 Bingo</p>

*Activities subject to change
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<p>21</p> <p>LG 1:00 Board games in the lounge</p> <p>LG 5:00 Piano Music With Jean</p>	<p>22</p> <p>CR 9:30 Yoga and meditation</p> <p>CR 10:00 Stretch and Tone</p> <p>AR 11:00 Bereavement</p> <p>LG 1:00 Board Games in the Lounge</p> <p>AR 3:30 Meditation Moments</p>	<p>23</p> <p>L 9:00 Stroll along</p> <p>C 10:00 Prayer and Share</p> <p>L 10:30 Am Shopping Trip</p> <p>L 11:00 Douglas County Museum</p> <p>CR 2:00 Bingo with a Fruit Pizza Bar</p>	<p>24</p> <p>CR 9:30 Yoga and meditation</p> <p>CR 10:00 Stretch and Tone</p> <p>LG 1:00 Board Games in the Lounge</p> <p>CR 2:00 Stretch and Tone</p> <p>CR 3:00 Chair Volleyball</p>	<p>25</p> <p>L 9:00 Stroll along</p> <p>LG 10:00 Tai Chi with Bruce</p> <p>LG 10:30 Tea Time</p> <p>L 1:30 PM Shopping Trip with Bugs- R-Us : Australian Mammals</p>	<p>26</p> <p>CR 9:30 Yoga and meditation</p> <p>CR 10:00 Stretch and Tone</p> <p>CR 1:00 Wildlife Safari Bus Pass Party</p> <p>CR 2:00 Stretch and Tone</p> <p>AR 2:30 Meditation Moments</p> <p>LG 3:30 Social Hour</p>	<p>27</p> <p>L 9:00 Stroll along</p> <p>LG 10:00 Morning Mimosas</p> <p>LG 1:00 Board games in the lounge</p> <p>LG 3:30 Social Hour</p> <p>CR 6:00 Bingo</p>
<p>28</p> <p>LG 1:00 Board games in the lounge</p> <p>LG 5:00 Piano Music With Jean</p>	<p>29</p> <p>CR 9:30 Yoga and meditation</p> <p>CR 10:00 Stretch and Tone</p> <p>LG 1:00 Board Games in the Lounge</p> <p>AR 3:30 Meditation Moments</p>	<p>30</p> <p>L 9:00 Stroll along</p> <p>C 10:00 Prayer and Share</p> <p>L 10:30 Am Shopping Trip</p> <p>CR 2:00 Bingo with an olives , dips and spreads bar</p>	<p>31</p> <p>CR 9:30 Yoga and meditation</p> <p>CR 10:00 Stretch and Tone</p> <p>LG 1:00 Board Games in the Lounge</p> <p>CR 2:00 Stretch and Tone</p> <p>LG 3:30 End of the month Birthday Bash</p>			

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