

February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>AR - Activity Room C - Chapel CR - Community Room L - Lobby LG - Lounge</p>	Birthdays					<p>1</p> <p>CR Meeting-Outside group L 9:00 Stroll along LG 10:00 Morning Mimosas LG 1:00 Board games LG 3:00 Social Hour LG 6:00 Resident Bingo</p>
<p>2</p> <p>LG 1:00 Board games C 2:00 Worship Service LG 5:00 Piano Music With Jean</p>	<p>3</p> <p>CR 9:15 Stretch and Tone CR 10:00 Yoga and meditation LG 1:00 Board Games CR 1:00 Movie:Some like it Hot AR 3:30 Meditation Moments</p>	<p>4</p> <p>L 9:00 Stroll along L 10:30 Am Shopping Trip CR 2:00 LO Bingo / 10¢ a card 25¢ Blackout</p>	<p>5</p> <p>CR 9:15 Stretch and Tone LG 10:00 Craft Group CR 10:00 Yoga and meditation C 10:30 Communion LG 1:00 Birthday Celebration LG 1:00 Board Games</p>	<p>6</p> <p>L 9:00 Stroll along L 10:00 St. Vinnies L 1:30 PM Shopping Trip</p>	<p>7</p> <p>CR 9:15 Stretch and Tone CR 10:00 Yoga and meditation LG 1:00 Board Games AR 2:30 Meditation Moments LG 3:00 Social Hour</p>	<p>8</p> <p>L 9:00 Stroll along LG 10:00 Morning Mimosas LG 1:00 Board games LG 3:00 Social Hour LG 6:00 Resident Bingo</p>
<p>9</p> <p>LG 1:00 Board games C 2:00 Worship Service CR 3:00 Superbowl Party LG 5:00 Piano Music With Jean</p>	<p>10</p> <p>CR 9:15 Stretch and Tone CR 10:00 Yoga and meditation AR 11:00 Bereavement LG 1:00 Board Games AR 3:30 Meditation Moments</p>	<p>11</p> <p>L 9:00 Stroll along L 10:30 Am Shopping Trip CR 2:00 LO Bingo / 10¢ a card 25¢ Blackout</p>	<p>12</p> <p>CR 9:15 Stretch and Tone LG 10:00 Happy Crafters CR 10:00 Yoga and meditation L 12:00 Dementia Support Group Off Campus LG 1:00 Board Games</p>	<p>13</p> <p>L 9:00 Stroll along L 1:30 PM Shopping Trip LG 3:00 Larry Brown/Music LG 6:00 Poker</p>	<p>14</p> <p>CR 9:15 Stretch and Tone CR 10:00 Yoga and meditation LG 1:00 Board Games AR 2:30 Meditation Moments LG 3:00 Social Hour CR 6:30 Sweetheart Ball</p>	<p>15</p> <p>L 9:00 Stroll along C 10:00 Contemplative Prayer LG 10:00 Morning Mimosas CR 1:00 4-H Group presentation LG 1:00 Board games LG 3:00 Social Hour LG 6:00 Resident Bingo</p>
<p>16</p> <p>LG 1:00 Board games C 2:00 Worship Service LG 5:00 Piano Music With Jean</p>	<p>17 Washington's Birthday</p> <p>CR 9:15 Stretch and Tone CR 10:00 Yoga and meditation LG 1:00 Board Games CR 1:00 Bunco AR 3:30 Meditation Moments</p>	<p>18</p> <p>L 9:00 Stroll along L 10:30 Am Shopping Trip AR 1:00 Vision Writers Group CR 2:00 LO Bingo / 10¢ a card 25¢ Blackout</p>	<p>19</p> <p>CR 9:15 Stretch and Tone LG 10:00 Craft Group CR 10:00 Yoga and meditation C 10:30 Communion LG 1:00 Board Games</p>	<p>20</p> <p>L 9:00 Stroll along L 9:45 Douglas County Museum L 1:30 PM Shopping Trip CR 2:00 Resident Council Meeting</p>	<p>21</p> <p>CR 9:15 Stretch and Tone CR 10:00 Yoga and meditation 12:30 Roseburg Audiology LG 1:00 Board Games AR 2:30 Meditation Moments LG 3:00 Social Hour</p>	<p>22</p> <p>L 9:00 Stroll along LG 10:00 Morning Mimosas LG 1:00 Board games LG 3:00 Social Hour LG 6:00 Resident Bingo</p>
<p>23</p> <p>LG 1:00 Board games C 2:00 Worship Service LG 5:00 Piano Music With Jean</p>	<p>24</p> <p>CR 9:15 Stretch and Tone CR 10:00 Yoga and meditation AR 11:00 Bereavement LG 1:00 Board Games AR 3:30 Meditation Moments</p>	<p>25</p> <p>L 9:00 Stroll along L 10:30 Am Shopping Trip CR 2:00 LO Bingo / 10¢ a card 25¢ Blackout L 6:15 Umpqua Chamber Orechestra</p>	<p>26</p> <p>CR 9:15 Stretch and Tone LG 10:00 Happy Crafters CR 10:00 Yoga and meditation LG 1:00 Board Games</p>	<p>27</p> <p>L 9:00 Stroll along L 1:30 PM Shopping Trip LG 6:00 Poker</p>	<p>28</p> <p>CR 9:15 Stretch and Tone CR 10:00 Yoga and meditation LG 1:00 Board Games AR 2:30 Meditation Moments LG 3:00 Social Hour</p>	

*Activities subject to change
Life is like riding a bicycle. To Keep your balance, you must keep moving."