Linus Oakes **Monthly Activities**

December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 I.G 1:00 Board games C 2:00 Worship Service I.G 5:00 Piano Music With Jean	 2 CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone IG 1:00 Board Games CR 1:00 Movie:Miracle on 34th street AR 3:30 Meditation Moments 	3 9:00 Stroll along 10:30 Am Shopping Trip CR 2:00 LO Bingo / 10¢ a card 25¢ Blackout	 Christmas Sock Day CR 10:00 Stretch and Tone C 10:30 Communion G 3:00 December Birthday Celebration 6:15 Umpqua Singers/Big Horn Jazz Band at UCC 	5 9:00 Stroll along 1:30 PM Shopping Trip 6:00 Poker	 6 9:30 Festival of Trees/Seven Feathers 9:30 Yoga and meditation 10:00 Stretch and Tone 1:00 Board Games 2:30 Meditation Moments 3:00 Social Hour 	 Pearl Harbor Remembrance 9:00 Stroll along 10:00 Morning Mimosas 1:00 Board games 3:00 Social Hour 6:00 Resident Bingo
 8 9:30 Christmas Overnight Trip 1:00 Board games 2:00 Worship Service 5:00 Piano Music With Jean 	9 Return from Christmas Overnight trip CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone AR 11:00 Bereavement LG 1:00 Board Games AR 3:30 Meditation Moments	10 9:00 Stroll along 10:30 Am Shopping Trip CR 2:00 LO Bingo / 10¢ a card 25¢ Blackout	 9:30 Yoga and meditation 10:00 Stretch and Tone 12:00 Dementia Support Group Off Campus 1:00 Board Games 3:30 Christmas Sing a long 	 9:00 Eugene Shopping 9:00 Stroll along 1:30 PM Shopping Trip 	13CR9:30Yoga and meditationCR10:00Stretch and ToneLG1:00Board GamesAR2:30Meditation MomentsLG3:00Social Hour	149:00Stroll along10:00Morning Mimosas10Board games10Board games10Church of God10Church of God10Social Hour10Social Hour106:0011Resident Bingo
 1:00 Board games 2:00 Worship Service 5:00 Piano Music With Jean 	16 CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone LG 1:00 Board Games CR 1:00 Bunco AR 3:30 Meditation Moments	 9:00 Stroll along 10:30 Am Shopping Trip AR 1:00 Vision Writers Group CR 2:00 LO Bingo / 10¢ a card 25¢ Blackout 5:15 Festival of Lights 	 18 CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone C 10:30 Communion IG 1:00 Board Games C 2:30 Spiritual Christmas Caroling 	 19 9:00 Stroll along 1:30 PM Shopping Trip 2:00 Resident Council Meeting 2:30 Larry Brown Acapella Group Performance 6:00 Poker 	20 Ugly Sweater Day CR 9:30 Yoga and meditation 10:00 Stretch and Tone 12:30 Roseburg Audiology MailRoom CR 2:00 Sugar Plum Party AR 2:30 Meditation Moments G 3:00 Social Hour	21Winter Begins9:00Stroll along10:00Contemplative Prayer10:00Morning Mimosas12:00Artice's Appetizer Buffet12:00Social Hour106:00Resident Bingo
 22 1:00 Board games 2:00 Worship Service 5:00 Piano Music With Jean 	23 CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone AR 11:00 Bereavement LG 1:00 Board Games AR 3:30 Meditation Moments	24Christmas Eve19:00Stroll along10:30Am Shopping TripCR2:00LO Bingo / 10¢ a card25¢ Blackout25¢ BlackoutLG3:00Christmas Eve Wine Reception	25 Christmas Day Community Room Reserved for Private Party 10:00 Christmas Morning Brunch 3:00 Early Christmas Dinner	 26 First Full Day - Hanukkah 9:00 Stroll along 1:30 PM Shopping Trip 	 27 CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone I:00 Board Games AR 2:30 Meditation Moments I:G 3:00 Social Hour 	 28 9:00 Stroll along 10:00 Morning Mimosas 1:00 Board games 3:00 Social Hour 6:00 Resident Bingo
29 I.G 1:00 Board games C 2:00 Worship Service I.G 5:00 Piano Music With Jean	30 CR 9:30 Yoga and meditation CR 10:00 Stretch and Tone LG 1:00 Board Games AR 3:30 Meditation Moments	31New Year's Eve19:00Stroll along10:30Am Shopping TripCR2:00LO Bingo / 10¢ a card 25¢ BlackoutCR6:00New Year's Eve Party with Louis Faro	AR - Activity Room C - Chapel CR - Community Room L - Lobby LG - Lounge	<u>Birthdays</u>		

*Activities subject to change Life is like riding a bicycle. To Keep your balance, you must keep moving."