

Sunday 7-Jul	Monday 8-Jul	Tuesday 9-Jul	Wednesday 10-Jul	Thursday 11-Jul	Friday 12-Jul	Saturday 13-Jul
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Egg of Choice Sausage Link Cereal of Choice Fresh Fruit Toast Beverages of Choice	Egg of Choice Bacon Cereal of Choice Fresh Fruit Toast Beverages of Choice	Breakfast Casserole Cereal of Choice Fruit Cup Toast Beverages of Choice	Pancakes Sausage Link Cereal of Choice Fresh Fruit Beverages of Choice	Egg of Choice Cereal of Choice Danish Fresh Fruit Yogurt Beverages of Choice	Egg of Choice Sausage Patty Cereal of Choice Fresh Fruit Toast Beverages of Choice	Egg of Choice Sausage Link Cereal of Choice Fruit Cup Toast Beverages of Choice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lasagna Seasoned Broccoli Garlic Bread Vanilla Pudding	Breaded Pork Cutlet Roasted Potatoes Stewed Tomatoes Dinner Roll Lemon Bar	Chicken Teriyaki Rice Oriental Vegetables Dinner Roll Mandarin Oranges	Openfaced Roast Beef Sandwich Mashed Potatoes w/ Gravy Green Beans Ambrosia	Baked Chicken Pasta Salad Roasted Zucchini Dinner Roll Peach Cobbler	Fried Fish French Fried Peas & Carrots Dinner Roll Rice Pudding	Chili Mac Tossed Salad Garlic Bread Chocolate Cream Pie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Soup Du jour Fried Bologna Sandwich German Potato Salad Mixed Vegetables Seasonal Fresh Fruit	French Onion Soup French Dip Sandwich French Fries Cucumber Salad Fruited Jello	Soup Du jour BLT Sandwich Potato Salad Fruit & Cottage Cheese Peanut Butter Cookie	Soup Du jour Club Sandwich Potato Chips Vegetable Plate Frosted Cake	Soup Du jour Pulled Pork Sandwich Macaroni & Cheese Coleslaw Banana Pudding	Soup Du jour Beef Taco Spanish Rice Corn Salad Zucchini Bread	Soup Du jour Chicken Tenders Mashed Potatoes w/ Gravy Dinner Roll Pears

These food items are also available:
BLT Sandwich

Soup: Chicken Noodle / Tor Tomato
Chef Salad
Cottage Cheese & Fruit Bowl
Pan Fried Hamburger
Deep Fried Fish Sandwich
Chicken Tenders

ALSO AVAILABLE: Shasta Soft Drinks: Diet Cola, Diet Twist, Diet Ginger Ale, Root Beer

Grilled Ham & Cheese
Grilled Cheese Sandwich
Seasonal Fresh Fruit
Fresh Grapes
Fresh Banana
Bag of Lays Potato Chips

Please ask your nursing assistant to notify the kitchen if you would like any of these additional items.

*Menu subject to change without notice