


# MEMORY CARE

# THE GARDENS AT ST. ELIZABETH

# OCTOBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>1) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Soccer 1:00: Trivia 2:15: MIDDAY SNACK 3:00: Walking Club <b>4:00: Halloween Wreaths</b> 6:00: Casper 7:00: PM SNACK</p>	<p>2) <b>9:00: Rosary w/ Frosty</b> 9:45: The Perks 10:15: AM SNACK 10:45: Chair Exercises 1:00: Upcycle Art 2:15: MIDDAY SNACK <b>3:00: Ghostly Garland</b> 4:00: Mindfulness Meditation 6:00: Ghostbusters (1984) 7:00: PM SNACK</p>	<p>3) <b>9:15: Bible Study with Aram</b> 9:45: The Perks 10:15: AM SNACK <b>10:30: Karaoke w/ Marquis</b> 1:00: Spa Day 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Hat Chat 6:00: Halloweentown 7:00: PM SNACK</p>	<p>4) <b>Happy Birthday Gary!</b> 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Zumba 1:00: Bingo 2:15: MIDDAY SNACK 3:00: Kickball 4:00: Collage Art 6:00: Cruella 7:00: PM SNACK</p>	<p>5) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: National Geo: National Parks 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Puzzle Party 6:00: Gremlins 7:00: PM SNACK</p>
<p>6) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Yoga 1:00: Beading Meaning 2:15: MIDDAY SNACK 3:00: Bingo 4:00: Word Games 6:00: Beetle Juice 7:00: PM SNACK</p>	<p>7) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Sip and Paint 2:15: MIDDAY SNACK <b>3:00: Halloween Snow Globe</b> 4:00: Mid-Day Movin 6:00: Back to the Future 7:00: PM SNACK</p>	<p>8) <b>9:00: Leaf Peeping Scenic Ride</b> 9:45: The Perks 10:15: AM SNACK 10:45: Chair Soccer 1:00: Trivia 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Table Games 6:00: E.T. 7:00: PM SNACK</p>	<p>9) <b>9:00: Rosary w/ Frosty</b> 9:45: The Perks 10:15: AM SNACK 10:45: Chair Exercises 1:00: Upcycle Art 2:15: MIDDAY SNACK <b>3:00: Paint Ya Pumpkin</b> 4:00: Mindfulness Meditation 6:00: Ghostbusters 2 7:00: PM SNACK</p>	<p>10) <b>9:15: Bible Study with Aram</b> 9:45: The Perks 10:15: AM SNACK 10:45: Giant Bowling 1:00: Spa Day 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Hat Chat 6:00: Halloweentown 2 7:00: PM SNACK</p>	<p>11) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Zumba 1:00: Bingo 2:15: MIDDAY SNACK 3:00: Kickball 4:00: Collage Art 6:00: Haunted Mansion (OG) 7:00: PM SNACK</p>	<p>12) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: National Geo: National Parks 3:00: Walking Club 4:00: Puzzle Party 6:00: Hocus Pocus 7:00: PM SNACK</p>
<p>13) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Yoga 1:00: Beading Meaning 2:15: MIDDAY SNACK 3:00: Bingo 4:00: Word Games 6:00: Hotel Transylvania 7:00: PM SNACK</p>	<p>14) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Sip and Paint 2:15: MIDDAY SNACK 3:00: Card Games 4:00: Mid-Day Movin 6:00: Monster House 7:00: PM SNACK</p>	<p>15) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Soccer 1:00: Trivia 2:15: MIDDAY SNACK <b>3:00: Candy Corn Craft</b> 4:00: Table Games 6:00: Goosebumps 7:00: PM SNACK</p>	<p>16) <b>9:00: Rosary w/ Frosty</b> 9:45: The Perks 10:15: AM SNACK 10:45: Chair Exercises 1:00: Upcycle Art 2:15: MIDDAY SNACK 3:00: Mini Basketball 4:00: Mindfulness Meditation 6:00: Ghostbusters (2016) 7:00: PM SNACK</p>	<p>17) <b>9:15: Bible Study with Aram</b> 9:45: The Perks 10:15: AM SNACK 10:45: Giant Bowling 1:00: Spa Day 2:15: MIDDAY SNACK <b>3:00: Black Cat Watercoloring</b> 4:00: Hat Chat 6:00: Frankenweenie 7:00: PM SNACK</p>	<p>18) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Zumba 1:00: Bingo 2:15: MIDDAY SNACK 3:00: Kickball 4:00: Collage Art 6:00: Paranorman 7:00: PM SNACK</p>	<p>19) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: National Geo: National Parks 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Puzzle Party 6:00: Don't Look Under the Bed 7:00: PM SNACK</p>
<p>20) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Yoga 1:00: Beading Meaning 2:15: MIDDAY SNACK 3:00: Bingo 4:00: Word Games 6:00: Roald Dahl: Witches 7:00: PM SNACK</p>	<p>21) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Sip and Paint 2:15: MIDDAY SNACK <b>3:00: Bat Craft</b> 4:00: Mid-Day Movin 6:00: Hocus Pocus 2 7:00: PM SNACK</p>	<p>22) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Soccer 1:00: Trivia 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Table Games 6:00: Edward ScissorsHand 7:00: PM SNACK</p>	<p>23) <b>9:00: Rosary w/ Frosty</b> 9:45: The Perks 10:15: AM SNACK 10:45: Chair Exercises 1:00: Upcycle Art 2:15: MIDDAY SNACK 3:00: Mini Basketball 4:00: Mindfulness Meditation 6:00: Ghostbusters Afterlife 7:00: PM SNACK</p>	<p>24) <b>9:15: Bible Study with Aram</b> 9:45: The Perks 10:15: AM SNACK 10:45: Giant Bowling 1:00: Spa Day 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Hat Chat 6:00: Haunted Mansion (New Version) 7:00: PM SNACK</p>	<p>25) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Zumba 1:00: Bingo 2:15: MIDDAY SNACK 3:00: Kickball 4:00: Collage Art 6:00: Addams Family 7:00: PM SNACK</p>	<p>26) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: National Geo: National Parks 2:15: MIDDAY SNACK 4:00: Puzzle Party 6:00: Corpse Bride 7:00: PM SNACK</p>
<p>27) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Yoga 1:00: Beading Meaning 2:15: MIDDAY SNACK <b>3:00: Halloween Bingo</b> 4:00: Word Games 6:00: 7:00: PM SNACK</p>	<p>28) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Sip and Paint 2:15: MIDDAY SNACK 3:00: Card Games 4:00: Mid-Day Movin 6:00: Goosebumps 2 7:00: PM SNACK</p>	<p>29) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Soccer 1:00: Trivia 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Table Games 6:00: I.F. 7:00: PM SNACK</p>	<p>30) <b>9:00: Rosary w/ Frosty</b> 9:45: The Perks 10:15: AM SNACK 10:45: Chair Exercises 1:00: Upcycle Art 2:15: MIDDAY SNACK 3:00: Mini Basketball 4:00: Mindfulness Meditation 6:00: Ghostbuster Frozen Empire 7:00: PM SNACK</p>	<p>31) <b>Happy Halloween</b> <b>9:15: Bible Study with Aram</b> 9:45: The Perks 10:15: AM SNACK 10:45: Halloween Trivia 1:00: Most Haunted Places in CO 2:15: MIDDAY SNACK <b>3:00-4:00: Halloween Dance Party w/ Doug Wyffles</b> 6:00: Nightmare Before Christmas 7:00: PM SNACK</p>	<p><b>Breakfast:</b> 7:30am-8:30am</p> <p><b>Lunch:</b> 11:30am-12:30pm</p> <p><b>Dinner:</b> 4:45 pm-5:45 pm</p>	<p><b>Rosary: 9:30am</b> Mon, Tues, Thurs &amp; Fridays</p> <p><b>Holy Mass: 10am</b> Mon, Tues, Thurs, Friday &amp; Sunday</p>