

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Location Key

- A Auditorium
- ALW Assisted Living West
- BR Board Room, 14th floor
- BL Bistro Lobby
- C Chapel
- CG Community Garden
- CV City View, 14th floor
- DRL Dining Room Lizzies
- DRH Dining Room - The Highland
- ALDRE Assisted Living Dining East
- EG English Garden
- FR Fitness Room, 14th floor
- DR Day Room ALE

Dining Room Hours:

Breakfast: 7:00am - 8:00am
Lunch: 12:00 - 1:00pm
Dinner: 5:00pm - 6:00pm

Activities Marked with a ★ Require Sign-up in The Activity Book
Activities Subject to Change at Any Time

1) All Saints Day

9:30 Rosary - C
10:00 Holy Mass - C
10:45 You be the Judge
11:00 Senior Core Exercise - A
1-4 Adoration - C
1:30 Movie: Avalon
3:00 Divine Mercy & Rosary - C
6:00 Movie: - A

2) All Souls Day

10:30 Coffee Chat & Treats w/ Tracey - Dining Room

9:30 Rosary for Life - C
10:00 Holy Mass - C
2:30 BINGO
3:30 Rosary - C
4:00 Holy Mass - C
6:00 Movie: - A

3) Daylight Savings

9:30 Rosary for Life - C
10:00 Holy Mass - C
11:00 Sunday Brunch- AL Dining
1:00 Travel Show - A
1:00 Ice Cream at Your Door
6:00 Guys Movie w/ Andy -ALW
★ Butcher Block- Depart 1PM
6:00 Movie: -A

4)

9:00 Morning Stretch w/ Andy -A
9:30 Rosary - C
10:00 Holy Mass - C
★ 10:45 King Soopers Trip
11:00 Exercise w/ Legacy
3:00 The Chosen Series - A
3:00 Divine Mercy & Rosary
4:00 Trivia with Andy
6:00 Movie: -A
6:15 Bingo Night with Andy

5)

9:30 Rosary - C
10:00 Holy Mass - C
10:45 Thankful
1:00 Science Ed w/ Trina -A
1:00 Rosary w/ Frosty - DR
2:00 3 P's (Craft)
3:00 Group Crochet - ALW

6)

10:30 Interdenominational Srvc - C
10:45 Autumn A - Z
11:00 Movement w/ Marquis - A
2:00 Mindfulness w/ Kathleen
3:00 Leaf me a Note
3:00 Rosary - ALE Chapel

7)

9:30 Rosary - C
10:00 Holy Mass -C
10:45 The Perk
11:00 Better Balance - A
2:00 Fall Word Search
2:30 Pressed Flower Cards-CV
3:30 Rosary w/ Seminarians - ALW

8)

★ 9:30 Casino Trip
9:30 Rosary - C
10:00 Holy Mass -C
10:45 Sing a Long
11:00 Senior Core Exercise - A
2:00 OWL Crack You Up (Craft)
6:00 Movie: - A

9)

10:30 Coffee Chat & Treats w/ Tracey- Dining Room

9:30 Rosary for Life - C
10:00 Holy Mass - C
2:30 BINGO
3:30 Rosary - C
4:00 Holy Mass - C
6:00 Movie: - A

10)

9:30 Rosary for Life - C
10:00 Holy Mass - C
11:00 Sunday Brunch- AL Dining
1:00 Travel Show -A
1:00 Ice Cream at Your Door
★ 2:00 Scenic Ride
6:00 Movie: - A
6:00 Guys Movie w/ Andy -ALW

11) Veterans Day

9:00 Morning Stretch w/ Andy -A
9:30 Rosary - C
10:00 Holy Mass - C
★ 10:45 King Soopers Trip
11:00 Exercise- w/ Legacy
3:00 Divine Mercy & Rosary
4:00 Trivia with Andy
6:00 Movie: -A
6:15 Bingo Night with Andy

12)

9:30 Rosary - C
10:00 Holy Mass -C
10:45 Giving
1:00 Crafting w/ Susie - CV
1:00 Rosary w/ Frosty - DR
2:00 Apple Filling (Craft)
2:15 Scripture Study - Pub
3:00 Group Crochet - ALW

13) Andy's Birthday!

10:30 Interdenominational Srvc - C
10:45 Fall Phrases
11:00 Movement w/ Marquis - A
★ 12:30 Lunch Trip-Golden Corral
1:00 Charismatic Prayer -ALE
2:00 Music Therapy w/ Meridith
3:00 Hot Cocoa & Coffee Cake
3:00 Rosary - ALE Chapel

14)

9:30 Rosary - C
10:00 Holy Mass -C
10:45 The Perk
11:00 Better Balance -A
11-1 Flower Card Sale- BL
11:00 Scripture Study
2:00 Fall Pictionary
3:30 Rosary w/ Seminarians - ALW

15)

9:30 Rosary - C
10:00 Holy Mass -C
10:45 You be the Judge
11:00 Senior Core Exercise - A
2:00 Clutching at Straws (Craft)
3:00 Feast of St. Elizabeth Bread -BL
6:00 Movie: - A

16)

10:30 Coffee Chat & Treats w/ Tracey - Dining Room

9:30 Rosary for Life - C
10:00 Holy Mass - C
2:30 BINGO
3:30 Rosary - C
4:00 Holy Mass - C
6:00 Movie: - A

17) St. Elizabeth Feast Day

9:30 Rosary for Life - C
10:00 Holy Mass - C
11:00 Sunday Brunch- AL Dining
1:00 Travel Show - A
1:00 Ice Cream at Your Door
★ 2:00 Cathedral Concert
6:00 Guys Movie w/ Andy -ALW
6:00 Movie: - A

18)

9:00 Morning Stretch w/ Andy -A
9:30 Rosary - C
10:00 Holy Mass -C
★ 10:45 King Soopers Trip
11:00 Exercise w/ Legacy
3:00 The Chosen Series - A
3:00 Divine Mercy & Rosary
4:00 Trivia with Andy
6:00 Movie: -A
6:15 Bingo Night with Andy

19)

9:30 Rosary - C
10:00 Holy Mass -C
10:45 Helping
1:00 Rosary w/ Frosty
2:00 Chalk Full (Craft)
3:00 Group Crochet - ALW

20)

10:30 Interdenominational Srvc - C
10:45 November Words
11:00 Movement w/ Marquis - A
1:00 Charismatic Prayer -ALE
2:00 Mindfulness w/ Kathleen
3:00 Fall Trivia
3:00 Rosary - ALE Chapel

21)

9:30 Rosary - C
10:00 Holy Mass -C
10:45 The Perk
11:00 Scripture Study
11:00 Better Balance - A
2:00 Falling into Place (Q & A)
3:30 Rosary w/ Seminarians- ALW

22)

9:30 Rosary - C
10:00 Holy Mass -C
10:45 Go Fish Friday (Cards)
11:00 Senior Core Exercise - A
2:00 Travel Series: Virginia
6:00 Movie: Follow the River - A

23)

10:30 Coffee Chat & Treats w/ Tracey- Dining Room

9:30 Rosary for Life - C
10:00 Holy Mass - C
2:30 BINGO
3:30 Rosary - C
4:00 Holy Mass - C
6:00 Movie: - A

24)

9:30 Rosary for Life - C
10:00 Holy Mass-C
11:00 Sunday Brunch-AL Dining
1:00 Travel Show - A
1:00 Ice Cream at Your Door
★ 2:00 SCENIC RIDE
6:00 Movie: - A
6:00 Guys Movie w/ Andy -ALW

25)

9:00 Morning Stretch w/ Andy-A
9:30 Rosary - C
10:00 Holy Mass -C
★ 10:45 King Soopers Trip
11:00 Exercise w/ Legacy
3:00 The Chosen Series - A
3:00 Divine Mercy & Rosary
4:00 Trivia w/ Andy
6:00 Movie Night w Chaplain Aram
6:15 Bingo night w/ Andy

26)

9:30 Rosary - C
10:00 Holy Mass -C
10:45 Fall Hangman
1:00 Rosary w/ Frosty - DR
1:30 Chef, Resident & Activities Meeting
3:00 Group Crochet - ALW

27)

10:30 Interdenominational Srvc -C
11:00 Falling Behind
11:00 Movement w/ Marquis - A
1:00 Charismatic Prayer -ALE
2:00 Mindfulness w/ Kathleen
3:00 Nothing but Gourd Vibes
3:00 Rosary - ALE Chapel

28) Happy Thanksgiving

9:30 Rosary - C
10:00 Holy Mass - C
11 - 1 Thanksgiving Buffet
10:30-3:30 Snacks & Cards w/ Tracey for Thanksgiving
6:00 Movie with Andy - A

29) Christmas Tree Decorating

9:30 Rosary - C
10:00 Holy Mass -C
10:45 You be the Judge
11:00 Senior Core Exercise - A
12:00 November B-Day - ALDRE
1:00 Entertainment: Marquis - A
2:00 Fun w/ Jean & Tracey
6:00 Movie: A

30)

10:30 Coffee Chat & Treats w/ Tracey - Dining Room

9:30 Rosary for Life - C
10:00 Holy Mass - C
2:30 BINGO
3:30 Rosary - C
4:00 Holy Mass - C
6:00 Movie: - A