


Memory Care

The Gardens at St. Elizabeth

May 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Breakfast: 7:30am-8:30am Lunch: 11:30am-12:30pm Dinner: 4:45pm-5:45pm	Rosary: 9:30am Mon, Tues, Thurs & Fridays Holy Mass: 10am Mon, Tues, Thurs, Friday & Sunday	1) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Exercise 1:00: Paint & Sip 2:15: MIDDAY SNACK 3:00: Trivia 4:00: How's it Made? 6:00: Singin' in The Rain 7:00: PM SNACK	2) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Men's Hat Chat 1:00: Music, Music, Music 2:15: MIDDAY SNACK 3:00: Color by number 4:00: Reminiscing 6:00: Song of the South 7:00: PM SNACK	3) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Armchair Travelers 2:15: MIDDAY SNACK 3:00: Chair Soccer 4:00: Whiteboard Games 6:00: John Wayne Collection 7:00: PM SNACK	4) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Movin n Groovin 1:00: Riddles and Laughs 2:15: MIDDAY SNACK 3:00: Chair Yoga 4:00: Bingo 6:00: Sitcom: I Love Lucy 7:00: PM SNACK
5) CINCO de MAYO 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Classic Hymns 1:00: Bingo 2:15: MIDDAY SNACK 3:00: Big Bowling 4:00: Scrapbooking 6:00: Indiscreet 7:00: PM SNACK	6) 9:00: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Mid-Day Moving 1:00: Beading 2:15: MIDDAY SNACK 3:00: Team Trivia 4:00: Line Dancing 6:00: My Big Fat Greek Wedding 7:00: PM SNACK	7) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Parachute Games 1:00: Brain Games 2:15: MIDDAY SNACK 3:00: Table Games 4:00: Women's Hat Chat 6:00: Charlotte's Web 7:00: PM SNACK	8) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Exercise 1:00: Paint & Sip 2:15: MIDDAY SNACK 3:00: Trivia 4:00: How's it Made? 6:00: Roman Holiday 7:00: PM SNACK	9) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Men's Hat Chat 1:00: Music, Music, Music 2:15: MIDDAY SNACK 3:00: Color by number 4:00: Reminiscing 6:00: The Good Ole Summertime 7:00: PM SNACK	10) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Armchair Travelers 2:15: MIDDAY SNACK 3:00: Chair Soccer 4:00: Whiteboard Games 6:00: John Wayne Collection 7:00: PM SNACK	11) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Movin n Groovin 1:00: Riddles and Laughs 2:15: MIDDAY SNACK 3:00: Chair Yoga 4:00: Bingo 6:00: Sitcom: I Love Lucy 7:00: PM SNACK
12) MOTHER'S DAY 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Classic Hymns 1:00: Bingo 2:15: MIDDAY SNACK 3:00: Big Bowling 4:00: Scrapbooking 6:00: Casablanca 7:00: PM SNACK	13) 9:00: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Mid-Day Moving 1:00: Beading 2:15: MIDDAY SNACK 3:00: Team Trivia 4:00: Line Dancing 6:00: Butch Cassidy and the Sundance Kid 7:00: PM SNACK	14) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Parachute Games 1:00: Brain Games 2:15: MIDDAY SNACK 3:00: Table Games 4:00: Women's Hat Chat 6:00: 12 Angry Men 7:00: PM SNACK	15) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Exercise 1:00: Paint & Sip 2:15: MIDDAY SNACK 3:00: Trivia 4:00: How's it Made? 6:00: Driving Miss Daisy 7:00: PM SNACK	16) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Men's Hat Chat 1:00: Music, Music, Music 2:15: MIDDAY SNACK 3:00: Color by number 4:00: Reminiscing 6:00: The Sound of Music 7:00: PM SNACK	17) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Armchair Travelers 2:15: MIDDAY SNACK 3:00: Chair Soccer 4:00: Whiteboard Games 6:00: John Wayne Collection 7:00: PM SNACK	18) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Movin n Groovin 1:00: Riddles and Laughs 2:15: MIDDAY SNACK 3:00: Chair Yoga 4:00: Bingo 6:00: Sitcom: I Love Lucy 7:00: PM SNACK
19) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Classic Hymns 1:00: Bingo 2:15: MIDDAY SNACK 3:00: Big Bowling 4:00: Scrapbooking 6:00: Mary Poppins 7:00: PM SNACK	20) 9:00: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Mid-Day Moving 1:00: Beading 2:15: MIDDAY SNACK 3:00: Team Trivia 4:00: Line Dancing 6:00: The Letter 7:00: PM SNACK	21) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Parachute Games 1:00: Brain Games 2:15: MIDDAY SNACK 3:00: Table Games 4:00: Women's Hat Chat 6:00: Little Women 7:00: PM SNACK	22) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Exercise 1:00: Paint & Sip 2:15: MIDDAY SNACK 3:00: Trivia 4:00: How's it Made? 6:00: Rocketman 7:00: PM SNACK	23) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Men's Hat Chat 1:00: Music, Music, Music 2:15: MIDDAY SNACK 3:00: Color by number 4:00: Reminiscing 6:00: Around the World in 80 Days 7:00: PM SNACK	24) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Armchair Travelers 2:15: MIDDAY SNACK 3:00: Chair Soccer 4:00: Whiteboard Games 6:00: John Wayne Collection 7:00: PM SNACK	25) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Movin n Groovin 1:00: Riddles and Laughs 2:15: MIDDAY SNACK 3:00: Chair Yoga 4:00: Bingo 6:00: Sitcom: I Love Lucy 7:00: PM SNACK
26) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Classic Hymns 1:00: Bingo 2:15: MIDDAY SNACK 3:00: Big Bowling 4:00: Scrapbooking 6:00: Beyond the Sea 7:00: PM SNACK	27) MEMORIAL DAY 9:00: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Mid-Day Moving 1:00: Beading 2:15: MIDDAY SNACK 3:00: Memorial Day Team Trivia 4:00: Line Dancing 6:00: Grey Gardens 7:00: PM SNACK	28) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Parachute Games 1:00: Brain Games 2:15: MIDDAY SNACK 3:00: Table Games 4:00: Women's Hat Chat 6:00: Lincoln 7:00: PM SNACK	29) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Exercise 1:00: Paint & Sip 2:15: MIDDAY SNACK 3:00: Trivia 4:00: How's it Made? 6:00: All of Me 7:00: PM SNACK	30) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Men's Hat Chat 1:00: Music, Music, Music 2:15: MIDDAY SNACK 3:00: Color by number 4:00: Reminiscing 6:00: Finding Neverland 7:00: PM SNACK	31) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Armchair Travelers 2:15: MIDDAY SNACK 3:00: Chair Soccer 4:00: Whiteboard Games 6:00: John Wayne Collection 7:00: PM SNACK	