

# The Gardens greetings & St. Elizabeth stories.

## Featured Meetings and Activities

### **IL Resident Meeting**

Mon. Jul. 1st - 1:00 PM  
Auditorium

### **AL Resident Meeting**

Tues., Jul. 22nd - 1:30 PM  
Day Room

### **AL Activities**

#### **Planning Meeting:**

Tues., Jul. 22nd - 2:00 PM  
Day Room

### **Science Talk with Trina**

Tues. Jul. 2nd- 1:00 PM  
Auditorium

### **4th of July Celebrations**

Red, White & Blue Pancake  
Breakfast Buffet - 7:30 AM

4th of July Lunch Buffet  
11 AM - 1 PM

Hamilton Musical Movie

1:00 PM - Auditorium

Ice Cream in the Bistro

3:00 PM

Fireworks and Snacks

9:00 PM - 14th Floor

### **Christmas in July**

#### **Craft Fair**

Tues. Jul. 23rd - 1 PM - 5PM  
Auditorium

## Let's celebrate and have some fun!

Memory Care Ribbon Cutting and  
Independent Living Rededication

**Friday, July 19, 2024**

Ceremony 10 a.m. | Reception 11 a.m.

The Gardens at St. Elizabeth

2835 West 32nd Avenue | Denver, Colorado

Light snacks and guided tours immediately following.

# Carnival celebration!

Memory Care Grand Opening and  
Independent Living Rededication.

**Saturday, July 20 • 10 a.m. – 2 p.m.**

The Gardens at St. Elizabeth

2835 West 32nd Avenue

Denver, Colorado

Games, prizes, food trucks, performers, music and more!

Please stop by the gazebo in the front yard  
when you arrive to check in for the fun.

303.964.2000

[CHILivingCommunities.org/TheGardens](https://CHILivingCommunities.org/TheGardens)

Independent Living | Assisted Living | Memory Care



## Monthly Reflection by Chaplain Aram: Time to Pause, Gain Perspective, and Party!

We've been through quite a time recently, with various leadership departures and changes, and the opening of the new Memory Care Building (at long last!). As I've thought about it, what we have been through as a community has not been "ordinary" or "normal", it's been anything but – for quite some time. I think it's helpful to place all these recent changes in context. For those who have been around a while, you will recall that we began a MAJOR renovation/construction program back in 2017. All of the "common" areas were torn apart and remodeled – e.g. the dining rooms, auditorium, lobby area/bistro, all the 14th floor rooms; and many if not most of the apartments were remodeled as well. It was a noisy, stressful time with the sound of saws, jackhammers, and lots of sawdust, and temporary plywood walls throughout! In addition, an entire wing of the Assisted Living building out front along 32nd Avenue was demolished, and the front entryway and front area was reconfigured. AND, at the same time, construction began on the new ALWest/Memory Care building.

Well, the major renovation was completed in March of 2020, which was – you guessed it – the onset of the COVID Pandemic. I remember the exact moment when everything changed: It was Friday, March 17 and we had the funeral Mass for longtime IL resident Clara Perini (remember her?). As soon as that service was over, we shut down the Chapel, all the common areas, and it was a dark time for our community. For Lent that year I remember setting up a makeshift "14 Stations of the Cross" outside along the front walkway. All inside common areas were closed – including the newly renovated Pub and all the other wonderful spaces on the 14th floor. COVID has been with us ever since, though it gradually loosened its grip. The common areas were reopened, but as you know there were many delays with the opening of the new building: Memory Care was finally opened at the end of May. So all that to say, the past 7 years have been anything but "normal". It's been hard for all of us: Residents, family members, and staff. But we all are emerging from this time of upheaval, and I believe better times are ahead. All of these major challenges are now behind us, and while we never know what's in store around the corner, we are looking forward with great hope. I am reminded of the words of Solomon in his Song of Songs (chapter 2:10-13):

*"Arise, my beloved, my fair one, and come!  
For see, the winter is past, the rains are over and gone.  
The flowers appear in the countryside; the season of joyful songs has arrived,  
and the voice of the turtledove is heard in our land.  
The fig tree puts forth its figs and the blossoms on the vine give forth their fragrance.  
Arise, my beloved, my fair one, and come!"*

As a means of celebrating this important marker in the life of our community, we are going to have a GREAT BIG FAT CELEBRATION! Mark your calendars for July 19 & 20. We will be having a "Grand Reopening Dedication and Celebration" to celebrate the completed renovations on our Independent Living building (which we never got to celebrate due to COVID), and the opening of our new Assisted Living West and Memory Care building! On Friday the 19th, after an (earlier than normal) Mass at 9:00 AM, we will be having a special Dedication Ceremony at 10 AM in our Auditorium. Several dignitaries have been invited to come and speak; and this will be followed by a reception. The next day, Saturday July 20, we will have big CARNIVAL from 10 AM – 2 PM, with BBQ, a VIP Beer Garden, Food Trucks, and lots of activities for all ages: we want residents and staff to bring their families! Look for more details in the coming weeks!



Are you interested in meeting with today's youth and talking about your life & work?

Do you have advice for the next generation? Do you like fun games and hands-on crafts? Then join us for SWAP Buddies Wednesdays this summer!

SWAP Buddies will meet at the Gardens at St. Elizabeth's

**Wednesdays 9:30 - 10:30**

**City View Room**

Each Wednesday SWAP will bring in supplies to make a craft with our high school students. Everyone is welcome to join in the fun!

**June 26th - BINGO & nail polish station**

**July 10th - Painting Canvases**

**July 17th - Sand Art Bottles**

**July 24th - Plant Pots & Flower Craft**

**July 31st - Decorate Picture Frames**

## **New GSE Neighbors**

Sam Kervin

Molly Hedeon

Susanne Leiss

Mary Popp

## **Featured Services**

### **GSE Security**

720-614-4373

6:00 PM to 6:30 AM

### **Therapy Services**

Legacy Healthcare Services  
Physical, Occupational and  
Speech Therapy Services.

Call 303-964-2112

### **Concierge Care Services**

Family Tree In-Home Care

Call 303-791-3155

### **Hearing Aid Clinic**

Monthly visit.

Sign-up at Activity Desk

### **Dermatologist Visits**

Monthly visit.

Sign-up at Activity Desk

### **Optometrist Clinic**

Monthly visit.

Sign-up at Activity Desk

### **Foot Care Clinic**

Please sign-up with the  
Front Desk.

## Religious Services

### Mass Schedule

Mon., Tues., Thurs. & Fri.

10:00 AM

Sat. 4:00 PM

Sun. 10:00 AM

**LOCATION:** Chapel

### Divine Mercy

#### Chaplet & Rosary

Mon., Wed., Fri. - 3 PM

Sun. - 9:30 AM

**LOCATION:** Chapel

### Interdenominational

#### Service

Wed. 10:30 AM

**LOCATION:** Chapel

### Centering (Silent) Prayer

Thurs. 1:30 PM - 2:00 PM

**LOCATION:** Chapel

### Televised Mass

Channel 12

Sunday - 6:30 AM

### Catholic Programming:

EWTN - Channel 233

### Protestant Programming:

TBN - Channel 230 & 236

### Scripture Study

#### Independent Living:

Every Tuesday

2:15PM

14th Floor Skyview Pub

#### Assisted Living:

Every Thursday

11:00 AM

Day Room

## Spiritual Life Reminders - by Chaplain Aram

**Monday Afternoon Video Series:** Mondays from 3:00 – 4:00 PM in the Auditorium. We continue with Season 4 of The Chosen.

**In-Person Scripture Study Discussion:** IL residents meet at 2:15 PM in the Pub on the 14th floor. Assisted Living residents meet on Thursdays at 11:00 AM in the Day Room.

**Visitation:** if you would like a visit for prayer, encouragement, pastoral counsel, or a Home Blessing, please call me at ext. 2355. Also, I am available to discuss/create a funeral plan with you (it's never too early!)

**Movie Night with Chaplain Aram:** Monday, July 29 at 6:00 PM. Aram will be showing the uplifting and delightful film, The Biggest Little Farm (2018), about a couple who purchase a sad, 200 acre farm outside of Los Angeles. Through their efforts, the desolate farm begins to thrive and is transformed.

## Funnies From Betsy

I've been in bed for  
20 minutes and I've  
just remembered, I  
only came upstairs  
for a pen.



Me as a child, waking up my mom in the middle of the night to tell her that I just puked



My little niece asked me "Why is his body so little?"

Now I can never unsee it.





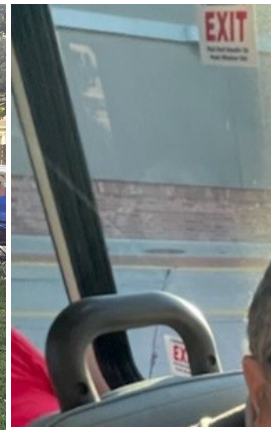
# JULY BIRTHDAYS

## Happy Birthday!

Jul. 1st Asha Salim - Healthcare  
 Jul. 3rd Betty Merva  
 Jul. 4th Leondard Plank  
 Jul. 4th Patricia Cordova - Healthcare  
 Jul. 8th Dee Dowdle  
 Jul. 9th Bosa Kokotovic - Dining  
 Jul. 11th Jameta Banks - Healthcare  
 Jul. 13th Mary Jane Noto  
 Jul. 14th Connie Martinez  
 Jul. 14th Rebenia Valle Lozano - Dining  
 Jul. 15th Mai Roland - Healthcare

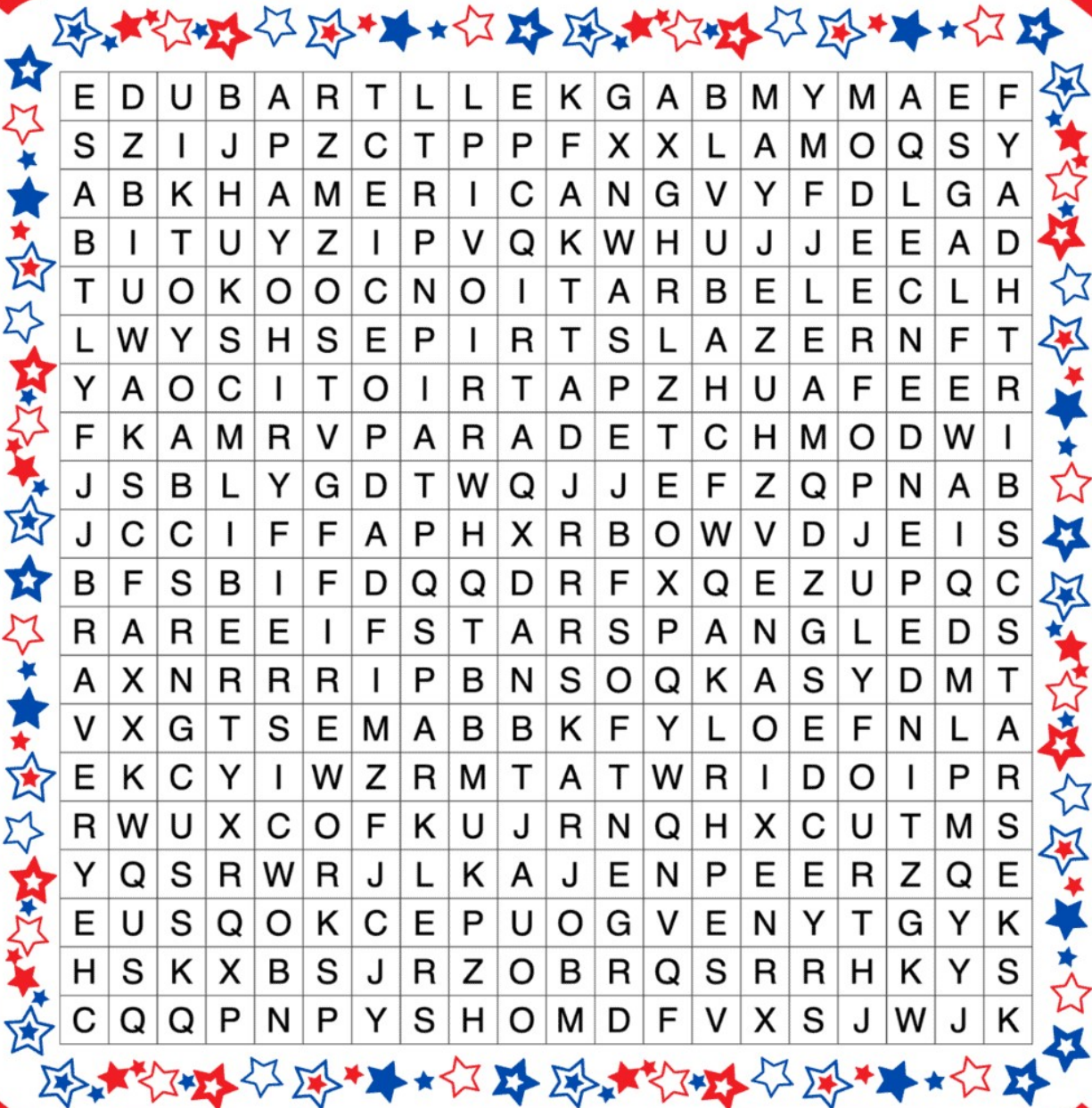
Jul. 16th Ann Richards  
 Jul. 16th Tina Morales - Healthcare  
 Jul. 19th Joanne Gardner  
 Jul. 20th Deanna Cook - Healthcare  
 Jul. 21st Pauline Erskine- Massey  
 Jul. 21st Sandra Crowe  
 Jul. 23rd Al Jiron  
 July 24th Sheila Boone  
 Jul. 28th John Schmalz  
 Jul. 29th Alicia Garcia Herrada - Housekeeping  
 Jul. 30th Tanya Ontiveros - Reception  
 Jul. 31st Denise Earley

## Fun Photos from June!



# 4TH OF JULY

## WORD SEARCH



E	D	U	B	A	R	T	L	L	E	K	G	A	B	M	Y	M	A	E	F
S	Z	I	J	P	Z	C	T	P	P	F	X	X	L	A	M	O	Q	S	Y
A	B	K	H	A	M	E	R	I	C	A	N	G	V	Y	F	D	L	G	A
B	I	T	U	Y	Z	I	P	V	Q	K	W	H	U	J	J	E	E	A	D
T	U	O	K	O	O	C	N	O	I	T	A	R	B	E	L	E	C	L	H
L	W	Y	S	H	S	E	P	I	R	T	S	L	A	Z	E	R	N	F	T
Y	A	O	C	I	T	O	I	R	T	A	P	Z	H	U	A	F	E	E	R
F	K	A	M	R	V	P	A	R	A	D	E	T	C	H	M	O	D	W	I
J	S	B	L	Y	G	D	T	W	Q	J	J	E	F	Z	Q	P	N	A	B
J	C	C	I	F	F	A	P	H	X	R	B	O	W	V	D	J	E	I	S
B	F	S	B	I	F	D	Q	Q	D	R	F	X	Q	E	Z	U	P	Q	C
R	A	R	E	E	I	F	S	T	A	R	S	P	A	N	G	L	E	D	S
A	X	N	R	R	R	I	P	B	N	S	O	Q	K	A	S	Y	D	M	T
V	X	G	T	S	E	M	A	B	B	K	F	Y	L	O	E	F	N	L	A
E	K	C	Y	I	W	Z	R	M	T	A	T	W	R	I	D	O	I	P	R
R	W	U	X	C	O	F	K	U	J	R	N	Q	H	X	C	U	T	M	S
Y	Q	S	R	W	R	J	L	K	A	J	E	N	P	E	E	R	Z	Q	E
E	U	S	Q	O	K	C	E	P	U	O	G	V	E	N	Y	T	G	Y	K
H	S	K	X	B	S	J	R	Z	O	B	R	Q	S	R	R	H	K	Y	S
C	Q	Q	P	N	P	Y	S	H	O	M	D	F	V	X	S	J	W	J	K

**PATRIOTIC  
AMERICAN  
CELEBRATION  
JULY FOURTH**

**LIBERTY  
PARADE  
STRIPES  
STARS**

**BARBECUE  
BANNERS  
FLAG  
PARTY**

**FIREWORKS  
FREEDOM  
COOKOUT  
SPARKLERS**

**STAR-SPANGLED  
INDEPENDENCE  
BRAVERY  
BIRTHDAY**