

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Location Key A Auditorium ALW Assisted Living West BR Board Room, 14th floor BL Bistro Lobby C Chapel CG Community Garden CV City View, 14th floor DRL Dining Room Lizzies DRH Dining Room - The Highland ALDRE Assisted Living Dining East EG English Garden FR Fitness Room, 14th floor DR Day Room ALE	1) Happy New Year 10:30 Interdenominational Srvc - C 10:45 New Year Old Ways 11:00 Senior Core Exercise - A 11:00 Movement w/ Marquis - A 1:00 Charismatic Prayer - ALE 2:00 Mindfulness w/ Kathleen 3:00 Brain Teasers 3:00 Divine Mercy & Rosary - C	2) 9:30 Rosary - C 10:00 Holy Mass - C 10:45 The Perk 11:00 Scripture Study 11:00 Better Balance - A 1:30 Centering Prayer - C 2:00 Guess Who? (Trivia) 4-5:30 Pub Open	3) 9:30 Rosary- C 10:00 Holy Mass - C 10:45 You be the Judge 11:00 Senior Core Exercise - A 1-4 Adoration - C 2:00 Penny Pinching (Game) 3:00 Divine Mercy & Rosary - C 6:00 Movie: - A	4) 10:30 Coffee Chat & Treats w/ Tracey - Dining Room 2:30 BINGO 4:00 Holy Mass - C 6:00 Movie: - ALW
5) 9:30 Rosary for Life - C 10:00 Holy Mass - C 11:00 Sunday Brunch- AL Dining 1:00 Travel Show - A 1:00 Ice Cream at Your Door ★2:00 6:00 Movie: -A 6:00 Guys Movie w/ Andy- ALW	6) 9:00 Morning Stretch w/ Andy -A 9:30 Rosary - C 10:00 Holy Mass - C ★10:45 King Soopers Trip 11:00 Exercise w/ Legacy 3:00 The Chosen Series - A 3:00 Divine Mercy & Rosary - C 4:00 Trivia with Andy 6:00 Movie: -A 6:15 Bingo Night with Andy	7) 9:30 Rosary - C 10:00 Holy Mass - C 10:45 Positivity 1:00 Rosary w/ Frosty - DR 2:00 I Spy (Game) 3:00 Group Crochet - ALW	8) 10:30 Interdenominational Srvc - C 10:45 Match Box 11:00 Movement w/ Marquis - A 1:00 Charismatic Prayer - ALE 2:00 Music Therapy w/ Meridith 3:00 Snack & Chat 3:00 Divine Mercy & Rosary - C	9) 9:30 Rosary - C 10:00 Holy Mass - C 10:45 The Perk 11:00 Scripture Study 11:00 Better Balance - A 1:30 Centering Prayer - C 1:30 Movie: Waterloo Bridge 4-5:30 Pub Open	10) 9:30 Rosary- C 10:00 Holy Mass - C 10:45 Challenges 11:00 Senior Core Exercise - A 1-4 Adoration - C 2:00 Your History (Q & A) 3:00 Divine Mercy & Rosary- C 6:00 Movie: - A	11) 10:30 Coffee Chat & Treats w/ Tracey- Dining Room 2:30 BINGO 4:00 Holy Mass - C 6:00 Movie: - ALW
12) 9:30 Rosary for Life - C 10:00 Holy Mass - C 11:00 Sunday Brunch- AL Dining 1:00 Travel Show -A 1:00 Ice Cream at Your Door ★2:00 6:00 Movie: - A 6:00 Guys Movie w/ Andy - ALW	13) 9:00 Morning Stretch w/ Andy -A 9:30 Rosary - C 10:00 Holy Mass - C ★10:45 King Soopers Trip 11:00 Exercise- w/ Legacy 3:00 Divine Mercy & Rosary - C 3:00 The Chosen Season - A 4:00 Trivia with Andy 6:00 Movie: -A 6:15 Bingo Night with Andy	14) 9:30 Rosary - C 10:00 Holy Mass - C 10:45 Tongue Twisters 1:00 Rosary w/ Frosty - DR 2:00 Facials (Beauty) 2:15 Scripture Study - Pub 3:00 Group Crochet - ALW	15) 10:30 Interdenominational Srvc - C 10:45 America's Funniest Videos 11:00 Movement w/ Marquis - A 1:00 Charismatic Prayer -ALE 2:00 Mindfulness w/ Kathleen 3:00 Senior Memoir 3:00 Divine Mercy & Rosary - C	16) 9:30 Rosary - C 10:00 Holy Mass - C 10:45 The Perk 11:00 Better Balance -A 11:00 Scripture Study 1:30 Centering Prayer - C 2:00 10 Things (Q & A) 4-5:30 Pub Open	17) 9:30 Rosary - C 10:00 Holy Mass- C 10:45 You be the Judge 11:00 Senior Core Exercise - A 1-4 Adoration - C 1-1:30 Sing a Long w/ Jay 2:00 Love You to Pieces(Craft) 3:00 Divine Mercy & Rosary - C 6:00 Movie: - A	18) MaryAnn Brawand's Service 2:30 BINGO 4:00 Holy Mass - C 6:00 Movie: - ALW
19) 9:30 Rosary for Life - C 10:00 Holy Mass - C 11:00 Sunday Brunch- AL Dining 1:00 Travel Show - A 1:00 Ice Cream at Your Door ★2:00 SCENIC RIDE 6:00 Guys Movie w/ Andy -ALW 6:00 Movie: - A	20) 9:00 Morning Stretch w/ Andy -A 9:30 Rosary - C 10:00 Holy Mass - C ★10:45 King Soopers Trip 11:00 Exercise w/ Legacy 3:00 The Chosen Series - A 3:00 Divine Mercy & Rosary - C 4:00 Trivia with Andy 6:00 Movie: -A 6:15 Bingo Night with Andy	21) 9:30 Rosary- C 10:00 Holy Mass - C 10:45 Oh Grandama 1:00 Rosary w/ Frosty 2:00 Grandma Silhouettes(Craft) 3:00 Group Crochet - ALW	22) 10:30 Interdenominational Srvc - C 10:45 Western Trivia (Colorado) 11:00 Movement w/ Marquis - A 1:00 Charismatic Prayer -ALE 2:00 Mindfulness w/ Kathleen 3:00 Best of Colorado 3:00 Divine Mercy & Rosary - C	23) 9:30 Rosary - C 10:00 Holy Mass - C 10:45 The Perk 11:00 Scripture Study 11:00 Better Balance - A 1:30 Centering Prayer 2:00 Heart Strings (Craft) 4-5:30 Pub Open	24) 9:30 Rosary- C 10:00 Holy Mass - C 10:45 Show & Tell 11:00 Senior Core Exercise - A 1-4 Adoration - C 2:00 Travel Series: Himalayas 3:00 Divine Mercy & Rosary- C 6:00 Movie: - A	25) 10:30 Coffee Chat & Treats w/ Tracey- Dining Room 2:30 BINGO 4:00 Holy Mass - C 6:00 Movie: - ALW
26) 9:30 Rosary for Life - C 10:00 Holy Mass- C 11:00 Sunday Brunch-AL Dining 1:00 Travel Show - A 1:00 Ice Cream at Your Door ★2:00 SCENIC RIDE 6:00 Movie: - A 6:00 Guys Movie w/ Andy -ALW	27) 9:00 Morning Stretch w/ Andy-A 9:30 Rosary- C 10:00 Holy Mass- C ★10:45 King Soopers Trip: <u>Extended</u> 11:00 Exercise w/ Legacy 3:00 The Chosen Series - A 3:00 Divine Mercy & Rosary- C 4:00 Trivia w/ Andy 6:00 Movie Night w Chaplain Aram 6:15 Bingo night w/ Andy	28) 9:30 Rosary - C 10:00 Holy Mass - C 10:45 King Soopers Trip 10:45 Fall Hangman 1:00 Rosary w/ Frosty - DR 1:30 Chef, Resident & Activities Meeting 3:00 Group Crochet - ALW	29) 10:30 Interdenominational Srvc - C 11:00 Sweat as Pie 11:00 Movement w/ Marquis - A 1:00 Charismatic Prayer -ALE 2:00 Mindfulness w/ Kathleen 3:00 Pie & Coffee 3:00 Divine Mercy & Rosary - C	30) 9:30 Rosary - C 10:00 Holy Mass - C 10:45 The Perk 11:00 Scripture Study 11:00 Better Balance - A 1:00 Centering Prayer 2:00 Reminisce 4-5:30 Pub Open	31) 9:30 Rosary - C 10:00 Chapel - C 10:45 You be the Judge 11:00 Senior Core Exercise - A 12:00 January B-Day -ALE 1-4 Adoration - C 2:00 Fun w/ Jean & Tracey 3:00 Divine Mercy & Rosary - C 6:00 Movie: - A	Dining Room Hours: Breakfast: 7:00am - 8:00am Lunch: 12:00 - 1:00pm Dinner: 5:00pm - 6:00pm Activities Marked with a ★Require Sign-up in The Activity Book Activities Subject to Change at Any Time