




MEMORY CARE

THE GARDENS AT ST. ELIZABETH

FEBRUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>Breakfast: 7:30am-8:30am</p> <p>Lunch: 11:30am-12:30pm</p> <p>Dinner: 4:30-5:30pm</p>		<p>1) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: National Geographic 3:00: Walking Club 4:00: Paper Mache 6:00: Notting Hill 7:00: PM SNACK</p>	
<p>2) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Yoga 1:00: Reminiscing 2:15: MIDDAY SNACK 3:00: Bingo 4:00: Paper Flowers 6:00: She's All That 7:00: PM SNACK</p>	<p>3) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Motown Movement 1:00: Armchair Travelers: Most Romantic Places 2:15: MIDDAY SNACK 3:00: Mid-Day Movin 4:00: UNO 6:00: 27 Dresses 7:00: PM SNACK</p>	<p>4) 9:15: Moring Stretch 9:45: The Perks 10:15: AM SNACK 10:30: Karaoke w/ Marquis (MC2) 1:00: Pipe Cleaner Hearts 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Buttons, Buttons, Buttons 6:00: The Wedding Planner 7:00: PM SNACK</p>	<p>5) 9:00: Rosary w/ Frosty 9:45: The Perks 10:15: AM SNACK 10:45: Chair Exercises 1:00: Card Games 2:15 MIDDAY SNACK 3:00: Chair Zumba 4:00: Candy Heart Garland 6:00: 500 Days of Summer 7:00: PM SNACK</p>	<p>6) 9:15: Bible Study with Aram 9:45: The Perks 10:15: AM SNACK 10:45: Giant Bowling 1:00: Spa Day 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Tissue Paper Hearts 6:00: A Rainy Day in New York 7:00: PM SNACK</p>	<p>7) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Zumba 1:00: Card Games 2:15: MIDDAY SNACK 3:00: Basketball 4:00: Mini Heart Wreaths 6:00: Emma 7:00: PM SNACK</p>	<p>8) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: National Geographic 3:00: Walking Club 4:00: Paper Mache 6:00: Pretty Women 7:00: PM SNACK</p>
<p>9) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Yoga 1:00: Reminiscing 2:15: MIDDAY SNACK 3:00: Bingo 4:00: Popsicle Stick Valentine Bear 6:00: My Best Friend's Wedding 7:00: PM SNACK</p>	<p>10) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Motown Movement 1:00: Armchair Travelers 2:15: MIDDAY SNACK 3:00: Mid-Day Movin 4:00: UNO 6:00: Runaway Bride 7:00: PM SNACK</p>	<p>11) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Trivia 2:30-3:30: Resident Valentines Day Party 4:00: Walking Club 6:00: Picture Perfect 7:00: PM SNACK</p>	<p>12) 9:00: Rosary w/ Frosty 9:45: The Perks 10:15: AM SNACK 10:45: Chair Exercises 1:00: Music w/ Meredith 2:15 MIDDAY SNACK 3:00: Chair Zumba 4:00: Sip & Paint 6:00: Blast from the Past 7:00: PM SNACK</p>	<p>13) 9:15: Bible Study with Aram 9:45: The Perks 10:15: AM SNACK 10:45: Giant Bowling 1:00: Spa Day 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Sip & Chat 6:00: My Girl 7:00: PM SNACK</p>	<p>14) Valentines Day 9:15: Moring Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Valentines Day Exercise 1:00: Heart Suncatachers 2:15: MIDDAY SNACK 3:00: Basketball 4:00: Valentines Day Trivia 6:00: PS I Love You 7:00: PM SNACK</p>	<p>15) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: National Geographic 3:00: Walking Club 4:00: Paper Mache 6:00: 13 Going on 30 7:00: PM SNACK</p>
<p>16) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Yoga 1:00: Reminiscing 2:15: MIDDAY SNACK 3:00: Bingo 4:00: Tissue Paper Roses 6:00: Some Kind of Wonderful 7:00: PM SNACK</p>	<p>17) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Motown Movement 1:00: Armchair Travelers: Best Honeymoon Spots 2:15: MIDDAY SNACK 3:00: Mid-Day Movin 4:00: UNO 6:00: The Apartment 7:00: PM SNACK</p>	<p>18) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Trivia 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Button Heart Craft 6:00: Roman Holiday 7:00: PM NSACK</p>	<p>19) 9:00: Rosary w/ Frosty 9:45: The Perks 10:15: AM SNACK 10:45: Chair Exercises 1:00: Card Games 2:15 MIDDAY SNACK 3:00: Chair Zumba 4:00: Sip & Paint 6:00: When Harry Met Sally 7:00: PM SNACK</p>	<p>20) 9:15: Bible Study with Aram 9:45: The Perks 10:15: AM SNACK 10:45: Giant Bowling 1:00: Spa Day 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Clay Hearts 6:00: Irish Wish 7:00: PM SNACK</p>	<p>21) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Zumba 1:00: Card Games 2:15: MIDDAY SNACK 3:00: Basketball 4:00: Mocktails & Chat 6:00: Me Before You 7:00: PM SNACK</p>	<p>22) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: National Geographic 3:00: Walking Club 4:00: Paper Mache Hearts 6:00: Definitely, Maybe 7:00: PM SNACK</p>
<p>23) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Yoga 1:00: Reminiscing 2:15: MIDDAY SNACK 3:00: Bingo 4:00: Calming Coloring 6:00: My Girl 2 7:00: PM SNACK</p>	<p>24) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Motown Movement 1:00: Armchair Travelers 2:15: MIDDAY SNACK 3:00: Mid-Day Movin 4:00: UNO 6:00: La La Land 7:00: PM SNACK</p>	<p>25) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:30: Karaoke w/ Marquis (MC3) 1:00: Trivia 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Buttons, Buttons, Buttons 6:00: Letters to Juliet 7:00: PM NSACK</p>	<p>26) 9:00: Rosary w/ Frosty 9:45: The Perks 10:15: AM SNACK 10:45: Chair Exercises 1:00: Card Games 2:15 MIDDAY SNACK 3:00: Chair Zumba 4:00: Sip & Paint 6:00: Pretty in Pink 7:00: PM SNACK</p>	<p>27) 9:15: Bible Study with Aram 9:45: The Perks 10:15: AM SNACK 10:30: 1:00: Spa Day 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Sip & Chat 6:00: Little Manhattan 7:00: PM SNACK</p>	<p>28) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Zumba 1:00: Card Games 2:15: MIDDAY SNACK 3:00: Basketball 4:00: Mocktails & Chat 6:00: The Lucky One 7:00: PM SNACK</p>	<p>HAPPY BIRTHDAY</p> <p>Feb 1st: Pat Sarmir Feb 11th: Barbara Leibold Feb 18th: Carolyn Lisle</p>

