

The Gardens greetings & St. Elizabeth stories.

Featured Meetings and Activities

IL Resident Meeting

Mon. Feb. 3rd - 1PM
Auditorium

IL Activities Planning Meeting:

Tues. Feb. 4th - 3PM
Auditorium

AL Resident Meeting & Chef Chat

Tues. Feb. 25th - 1:30 PM
Day Room

AL Activities

Planning Meeting:

Tues. Feb. 25th - 2 PM
Day Room

New Resident Welcome

Wed. Feb. 5th - 3:30 PM
Auditorium

Super Bowl Watch Party

Sunday, Feb. 9th - 4:30 PM
SkyView Pub

Public Transportation Talk

Tues. Feb. 18th - 1:00 PM
Auditorium

Girl Scout Cookie Sale

Sun. Feb. 23rd 10 AM - 2 PM
Bistro Lobby

Science Talk with Trina

Tues. Feb. 25th - 1:00 PM
Auditorium

Love Is In The Air: Celebrating Valentine's Day at GSE

February is the month of love! This Valentine's Day, we're celebrating the special bonds we share here at The Gardens at St. Elizabeth. We'll be hosting some fun and meaningful events this month including:

February 4th - Baking with Love Bake Sale: February is Heart Month and we will be having a Bake Sale to benefit the American Heart Association. If you would like to provide a baked good for the event, please let Madison Feola (Community Relations Coordinator) know by calling 303.964.2018. We encourage, residents, staff, resident family/friends, and community partners to participate by providing baked goods, and or purchasing goodies at the sale. The Bake Sale will take place in the Bistro Lobby on Tuesday February 4th from 1 PM to 3 PM.

We have a full day of events planned for Valentine's Day on February 14th. The festivities will start with **Coffee, Donuts and Roses at 10:30 AM**. The Cupid Crew will here be handing out roses for Valentine's Day so be sure to stop by for a donut and a rose!

At 4:30 PM the **Valentine's Day Dinner Buffet** will open with a delicious menu planned by Bosa and team including prime rib, delicious desserts and drinks.

Following dinner at 6:00 PM, Jeanelle has planned a **Sweetheart Social** in the Auditorium, starting at 6 PM. GSE Transportation Coordinator, Justin, will be our music DJ. The event is sure to have beautiful decorations and delicious treats. Don't miss this great event... Cupid may even make a surprise appearance!

Whether you're celebrating with a loved one or enjoying the company of friends, we hope you'll join us for these events filled with love and laughter.



Monthly Reflection by Chaplain Aram

Our “Ministry Philosophy” here at The Gardens

Occasionally I hear comments, both direct and indirect, about the spiritual and other activities here: the music, the liturgy, performances, etc. For example, last week I received a phone call from a professional musical group we once had here to perform a concert. They proceeded to tell me that they had since attended our Mass, and wanted to come in and offer their services. After talking a bit, I discerned that their goal was to “professionalize” it, which in their mind, would be an “upgrade” to what we currently have. They spoke of the music, and also upgrading the lectors to having professionally trained readers from the outside. As soon as I realized where they were heading, and what they were proposing, and (more importantly) the spirit behind it, I said “thanks but no thanks” and ended the call. For me, they didn’t have the right heart, and the right spirit. They emphasized professionalism and excellence, but it was at the expense of relationship and participation. I want you to know that I’m all for excellence. We are privileged to have in amazing groups and people like the Vittoria Ensemble, the Willow Birch Duo (Julie Plouffe & Katy Wherry), and many others that Jeanelle has brought in to do concerts and performances. And as we look ahead, I’m already lining up some incredible organists to do recitals, like Phil Bordeleau from the Cathedral, and Norm Sutfin (Trinity United Methodist Church) is also on my radar. But when it comes to worship services (and the word “service” is paramount, here), professionalism and excellence are not my highest value. My – and our – highest values here are relationships and community participation. I love the fact that our altar servers and lectors are all residents in our community. I love the fact that our priests are all retired, who know and love the Gardens, and who are passionate to serve the aging population, like them. I love the fact that our weekend organist, Mugsie, has been faithfully volunteering her time (driving a long distance from her home) for well over twenty years to serve our community – a community she loves. To me, this is what makes the Gardens the special and warm place that it is.

Where In The World?



Let’s test your landmark knowledge!

Identify the location shown in the image to the left.

The first person to **call** the Marketing office (303.964.3803) with the correct answer wins a prize! **If there is no answer, be sure to leave a message!** The first to either directly speak to or leave a message with the answer will be the winner.

The winner will be announced via Alexa Announcements as well as in the March newsletter!

The winner of the January “Where In The World?” landmark game was Aneda Sanders with the answer of The Vatican. Congrats Aneda!

GSE Will Be Featured on Colorado Health Matters!



You may recall on Friday, January 10th, there was a camera crew here at The Gardens at St. Elizabeth taking footage of the community and interviewing our Executive Director, Chris Miller.

This footage was taken for a television spot that will be airing for Colorado Health Matters on Sunday, February 2nd at 5PM. You can watch the spot on KWGN channel 2. It's only 3 minutes, so if you miss it, we will be putting it on our Facebook page and website. Thank you to all that helped to make sure we had a good filming. We are excited to see the

finished video and share it with everyone. Also a big thank you to our Community Relation Specialist, Madison Feola for finding and coordinating this opportunity for us and to Chris for being willing to be interviewed on camera!

Funnies From Betsy



You can't eat snacks while you sleep so taking a nap is basically a diet.



I love board games. My favorite one is where people put meat and cheese on a board. Maybe some fruit and crackers. I'm so good at that one.

There are moments when I've looked at my children, and grandchildren, and realized that I've won the lottery of life.

New GSE Neighbors

Ida Valdez
Marilynn Bonato
Lib DeRosa
John and Sue Slaughter
Mary Blish
Patricia Solko

Featured Services

GSE Security

720-614-4373
6:00 PM to 6:30 AM

Therapy Services

Legacy Healthcare Services
Physical, Occupational and
Speech Therapy Services.
Call 303-964-2112

Concierge Care Services

Family Tree In-Home Care
Call 303-791-3155

Hearing Aid Clinic

Monthly visit.
Sign-up at Activity Desk

Dermatologist Visits

Monthly visit.
Sign-up at Activity Desk

Optometrist Clinic

Monthly visit.
Sign-up at Activity Desk

Foot Care Clinic

Please sign-up with the
Front Desk.

Religious Services

Mass Schedule

Mon., Tues., Thurs. & Fri.
10:00 AM

Sat. 4:00 PM

Sun. 10:00 AM

LOCATION: Chapel

Divine Mercy

Chaplet & Rosary

Mon., Wed., Fri. - 3 PM

Sun. - 9:30 AM

LOCATION: Chapel

Interdenominational Service

Wed. 10:30 AM

LOCATION: Chapel

Centering (Silent) Prayer

Thurs. 1:30 PM - 2:00 PM

LOCATION: Chapel

Televised Mass

Channel 12

Sunday - 6:30 AM

Catholic Programming:

EWTN - Channel 233

Protestant Programming:

TBN - Channel 230 & 236

Scripture Study

Independent Living:

Every Tuesday

2:15 PM

14th Floor Skyview Pub

Assisted Living:

Every Thursday

11:00 AM

Day Room

Spiritual Life Reminders - by Chaplain Aram

Monday Afternoon Video Series: Mondays from 3:00 – 4:00 PM in the Auditorium. We are continuing the series, The Chosen. Our residents have loved this series; if you haven't experienced it, check it out! We are now in Season 3.

In-Person Scripture Study Discussion: IL residents meet at 2:15 PM in the Pub on the 14th floor. Assisted Living residents meet on Thursdays at 11:00 AM in the Day Room.

Our Seminararians, Dan Igoe, James Berg, and Manny Hinojosa, will return this month! On Thursday February 6 at 2:30 PM, please come to the Chapel and hear about their "Poverty Immersion" experiences, which they just completed in January. It's always fascinating to hear what they experienced and how it is impacting and shaping them.

Movie Night with Chaplain Aram: Monday, February 24th at 6:00 PM. Aram will be showing the movie, The Two Popes (2019) starring Anthony Hopkins and Jonathan Pryce, who both received Academy Award nominations for their performances. This is a biographical and fictional drama, which imagines dialogues between the incoming Pope Francis and the outgoing Pope Benedict, who must face their pasts and find common ground as they forge a new path for the Catholic Church. 2 hours and 5 minutes.

Sacred Space Trip: There will be no Sacred Space trip in February, due to several factors (Andy's vacation and scheduling conflicts). We hope to have two trips in March, including a trip to the Regis University chapel on March 4.

Visitation: if you would like a visit for prayer, encouragement, pastoral counsel, or a Home Blessing, please call me at ext. 2355. Also, I am available to discuss/create a funeral plan with you (it's never too early!)

The Mystery of St. Valentine



The Catholic Church recognizes several saints named Valentine, making the identity of the patron saint of lovers a matter of historical debate. No single definitive account exists. The most common association links St. Valentine to a priest in Rome during the 3rd century AD, under the reign of Emperor Claudius II. Claudius, believing unmarried men made better soldiers, outlawed marriage for young men. Legend claims Valentine defied this decree, secretly performing marriages for young couples. His defiance allegedly led to his imprisonment and subsequent execution, likely sometime around 270 AD.

FEBRUARY Birthdays

Happy Birthday!

Feb. 1st	Patricia Sarmir	Feb. 12th	Saul Gomez-Lomeli - Dining
Feb. 2nd	Charlene Young	Feb. 13th	Mary K Piras
Feb. 2nd	Lisa Garcia - Healthcare	Feb. 13th	Brenda Hernandez-Juarez - Dining
Feb. 3rd	Ralphie Lutrey	Feb. 14th	Maria Chavez - Healthcare
Feb. 3rd	Crystal Thill - Healthcare	Feb. 17th	Patricia Brown
Feb. 3rd	Bertha Urbina - Housekeeping	Feb. 17th	Meghan Mulloy - Business Office
Feb. 4th	Ron Cox	Feb. 18th	Carolyn Lisle
Feb. 5th	Sue Cross	Feb. 19th	Sergio Aradillas
Feb. 8th	Myra Casillas- Ramirez - Healthcare	Feb. 23rd	Mary Behunin
Feb. 10th	Roland Cortez - Dining	Feb. 23rd	Claire Dallarosa
Feb. 11th	Shigeko Olsen	Feb. 23rd	Jordan Neuerburg - Human Resources
Feb. 11th	Barbara Leibold	Feb. 24th.	Devyn Lanzilotta - Healthcare
Feb. 11th	Kathey Petty	Feb. 26th	Xavier Valenzuela
Feb. 12th	Bruce Harrison	Feb. 27th	Esther Vigil

Fun Photos from January



Valentine's Day Word Search

c g f l o w e r s i p
j s w e e t h e a r t
e f p a c u p i d a e
v h o i k a c p s r t
a o g u y h e a r t s
l o v e r r d e g o f
e k r a p t r r o w r
n r i r o s e s p x i
t o h s d r d e i r e
i s u h s p i n n h n
n r g a r e l l k t d
e o s c h o s r o s h
s w e e r t s f r i e
v c h o c o l a t e k

valentine
arrow
cupid
hearts
love

red
fourteenth
hugs
chocolate
pink

roses
friend
flowers
sweetheart
kisses