

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Dining Room Hours:

Breakfast: 7:00am - 8:00am
 Lunch: 12:00 - 1:00pm
 Dinner: 5:00pm - 6:00pm
 Activities Marked with a ★ Require Sign-up in The Activities Book
 *Activities Subject to Change at anytime

Location Key

- A Auditorium
- ALW Assisted Living West
- BR Board Room, 14th floor
- BL Bistro Lobby
- C Chapel
- CG Community Garden
- CV City View, 14th floor
- DRL Dining Room Lizzies
- DRH Dining Room – The Highland
- EG English Garden
- FR Fitness Room, 14th floor
- DR Day Room

1)

10:30 Coffee Chat & Treats w/ Kit & Tracey - Dining Room

1:00 Rosary - Day Room
 2:30 BINGO
 4:00 Holy Mass - Chapel
 6:00 Movie: - A

Regis Students 9:30-4:30

2)
 9:30 Rosary for Life - C
 10:00 Holy Mass - C
 11:00 Sunday Brunch - AL Dining
 1:00 Ice Cream at Your Door
 1:00 Travel Show - A
 ★ 2:00 Scenic Ride
 6:00 Movie: - A
 Regis Students 9:30-4:30

3)
 9:00 Morning Stretch w/ Andy -A
 9:30 Rosary - C
 10:00 Holy Mass - C
 ★ 10:45 King Soopers Trip
 11:00 Exercise w/ Legacy
 3:00 The Chosen Season - A
 4:00 Trivia with Andy
 6:00 Movie - A
 6:15 Bingo Night with Andy

4) **BAKE SALE 1-3 Bistro Lobby**
 9:30 Rosary - C
 10:00 Holy Mass - C
 10:45 Chocolate Soup (Game)
 1:00 Rosary - Day Room
 2:00 Chocolate Trivia
 2:15 Scripture Study - Pub
 3:00 Group Crochet – ALW
 6:00 Euchre/Open Cards - CV

5)
 10:30 Interdenominational Srvc – C
 10:45 Another Year
 11:00 Movement w/ Marquis -A
 1:00 Charismatic Prayer
 2:00 Mindfulness w/ Kathleen
 3:00 Back in the Day
 4-5:30 Pub Open
 6:00 Poker- BR

6)
 9:30 Rosary - C
 10:00 Holy Mass - C
 10:45 The Perk
 11:00 Scripture Study
 11:00 Better Balance -A
 2:00 Cherry Blossoms (Craft)
 2:30 Seminarians Welcome Back-C
 3:30 Rosary w/ Seminarians - C
 4-5:30 Pub Open

7)
 9:30 Rosary - C
 10:00 Holy Mass - C
 10:45 How Sweet
 1- 4 Adoration - C
 2:00 Gnomebody's me (Craft)
 3:00 Divine Mercy & Rosary - C
 6:00 Movie: - A
 6:00 Black Jack w/ Andy- ALW

8)
 10:30 Coffee Chat & Treats w/ Kit - Dining Room
 1:00 Rosary - Day Room
 2:30 BINGO
 4:00 Holy Mass - Chapel
 6:00 Movie: - A
 Regis Students 9:30-4:30

9) **SUPERBOWL LIX**
 9:30 Rosary for Life - C
 10:00 Holy Mass - C
 11:00 Sunday Brunch - AL Dining
 1:00 Ice Cream at Your Door
 1:00 Travel Show - A
 ★ 2:00 Scenic Ride
 4:30 Superbowl Watch Party
 6:00 Movie: - A
 Regis Students 9:30-4:30

10)
 9:00 Morning Stretch w/ Andy -A
 9:30 Rosary - C
 10:00 Holy Mass - C
 ★ 10:45 King Soopers Trip
 11:00 Exercise w/ Legacy
 3:00 The Chosen Season - A
 4:00 Trivia with Andy
 6:00 Movie - A
 6:15 Bingo Night with Andy

11)
 9:30 Rosary- C
 10:00 Holy Mass – C
 10:45 Bag Check
 *11:45 North HS Student Visit - A
 1:00 Science Ed. w/ Trina – A
 1:00 Crafts w/ Susie - CV
 1:00 Rosary - Day Room
 2:00 Paper Lanterns (Craft)
 2:15 Scripture Study - Pub
 3:00 Group Crochet – ALW

12)
 10:30 Interdenominational Srvc - C
 10:45 Riddles
 11:00 Movement w/ Marquis - A
 1:00 Rosary (Purnell) – C
 1:30 Eileen Purnell Funeral Mass –C
 Private Reception to Follow –A
 2:00 Music Therapy w/ Meredith
 3:00 Snack & Chat
 4-5:30 Pub Open
 3:00 Poker- BR

13)
 9:30 Rosary - C
 10:00 Holy Mass - C
 10:45 The Perk
 11:00 Scripture Study
 11:00 Better Balance -A
 1:30 Movie: An Affair to Remember
 3:30 Rosary w/ Seminarians - C
 4-5:30 Pub Open
 6:00 Blackjack w/ Andy - ALW

14) **VALENTINES DAY**
 9:30 Rosary - C
 10:00 Holy Mass - C
 10:45 You be the Judge
 11:00 Senior Core Exercise – A
 1- 4 Adoration - C
 2:00 Chocolate Party w/ Daisy
 3:00 Divine Mercy & Rosary - C
 6:00 Movie: - A

15)
 10:30 Coffee Chat & Treats w/ Kit & Tracey– Dining Room
 1:00 Rosary - Day Room
 2:30 BINGO
 4:00 Holy Mass – Chapel
 6:00 Movie: - A
 Regis Students 9:30-4:30

16)
 9:30 Rosary for Life - C
 10:00 Holy Mass - C
 11:00 Sunday Brunch - AL Dining
 1:00 Ice Cream at Your Door
 1:00 Travel Show - A
 ★ 2:00 Cathedral Concert
 6:00 Movie: - A
 Regis Students 9:30-4:30

17) **PRESIDENT'S DAY**
 9:30 Rosary - C
 10:00 Holy Mass – C
 ★ 10:45 King Soopers Trip
 11:00 Exercise w/ Legacy
 3:00 The Chosen Series - A
 6:00 Movie - A

18)
 9:30 Rosary - C
 10:00 Holy Mass - C
 10:45 Plain as Day
 1:00 Rosary - Day Room
 1:00 Public Transportation Talk -A
 2:00 Fox Trott (Paint)
 3:00 Group Crochet – ALW

19)
 10:30 Interdenominational Srvc- C
 10:45 Idioms
 11:00 Movement w/ Marquis - A
 1:00 Charismatic Prayer - C
 2:00 Mindfulness w/ Kathleen
 3:00 Senior Memoir #2
 4-5:30 Pub Open
 6:00 Poker- BR

20)
 9:30 Rosary - C
 10:00 Holy Mass - C
 10:45 The Perk
 11:00 Scripture Study
 11:00 Better Balance - A
 2:00 Did You Know? (Q&A)
 3:30 Rosary w/ Seminarians - C
 4-5:30 Pub Open

21)
 9:30 Rosary- C
 10:00 Holy Mass – C
 10:45 Ooh Laala
 11:00 Senior Core Exercise – A
 1-4 Adoration - C
 3:00 Travel Series: Paris
 6:00 Movie: - A
 6:00 Black Jack w/ Andy-DRL

22)
 10:30 Coffee Chat & Treats w/ Kit & Tracey – Dining Room
 1:00 Rosary - Day Room
 2:30 BINGO
 4:00 Holy Mass – Chapel
 6:00 Movie: - A
 Regis Students 9:30-4:30

23)
 9:30 Rosary for Life - C
 10:00 Holy Mass - C
 11:00 Sunday Brunch - AL Dining
 1:00 Travel Show - A
 1:00 Ice Cream at Your Door
 ★ 2:00 Scenic Ride
 6:00 Movie: - A
 Regis Students 9:30-4:30

24)
 9:00 Morning Stretch w/ Andy-A
 9:30 Rosary - C
 10:00 Holy Mass - C
 ★ 10:45 King Soopers Trip:
 11:00 Exercise w/ Legacy
 3:00 The Chosen Series - A
 4:00 Trivia w/ Andy
 6:00 Movie w/ Chaplain Aram - A
 6:15 Bingo night w/ Andy

25)
 9:30 Rosary - C
 10:00 Holy Mass - C
 10:45 Hangman
 11:30 Men's Luncheon
 *11:45 North HS Student Visit - A
 1:00 Science Ed w/Trina
 ★ 1:30 Resident Meeting (AL)
 1:45 Chef's Chat
 2:00 Activities Meeting
 2:15 Scripture Study - Pub
 3:00 Group Crochet - ALW

26)
 10:30 Interdenominational Srvc- C
 10:45 Would You Rather?
 11:00 Movement w/ Marquis -A
 1:00 Charismatic Prayer - A
 2:00 Mindfulness w/ Kathleen
 2:00 Finish the Sentence
 4-5:30 Pub Open

27)
 9:30 Rosary - C
 10:00 Holy Mass - C
 10:45 The Perk
 11:00 Better Balance -A
 2:00 Family Feud
 3:30 Rosary w/ Seminarians - C
 4- 5:30 Pub Open
 ★ 6:00 Ice Cream Trip w/ Andy

28)
 9:30 Rosary - C
 10:00 Holy Mass - C
 10:45 You be the Judge
 11:00 Senior Core Exercise – A
 12:00 February B-Day - ALDRE
 1 - 4 Adoration - C
 2:00 Fun w/ The Gals
 3:00 Divine Mercy & Rosary- C
 6:00 Movie: - A
 6:00 Black Jack w/ Andy- ALW

