

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Yoga 1:00: Christmas Tree Decorating 2:15: MIDDAY SNACK 3:00: Bingo 4:00: Calming Coloring 6:00: Elf 7:00: PM SNACK</p>	<p>2) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Motown Movement 1:00: Christmas Traveling: Malaysia 2:15: MIDDAY SNACK 3:00: Gnome Christmas Banner 4:00: Mid-Day Movin 6:00: Christmas Vacation 7:00: PM SNACK</p>	<p>3) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:30: Christmas Karaoke w/ Marquis 1:00: Trivia 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Christmas Wreaths 6:00: Christmas with Kranks 7:00: PM SNACK</p>	<p>4) 9:00: Rosary w/ Frosty 9:45: The Perks 10:15: AM SNACK 10:45: Chair Exercises 1:00: Music in the Auditorium 2:15: MIDDAY SNACK 3:00: Chair Zumba 4:00: Salt Painted Snowflakes 6:00: It's a Wonderful Life 7:00: PM SNACK</p>	<p>5) 9:15: Bible Study with Aram 9:45: The Perks 10:15: AM SNACK 10:45: Giant Bowling 1:00: Spa Day 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Christmas Bell Ornaments 6:00: A Christmas Story 7:00: PM SNACK</p>	<p>6) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Zumba 1:00: Card Games 2:15: MIDDAY SNACK 3:00: Basketball 4:00: Santa Wood Ornaments 6:00: How the Grinch Stole Christmas 7:00: PM SNACK</p>	<p>7) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: National Geo: 3:00: Walking Club 4:00: Toilet Paper Christmas Tree 6:00: Prancer 7:00: PM SNACK</p>
<p>8) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Yoga 1:00: Reminiscing 2:15: MIDDAY SNACK 3:00: Bingo 4:00: Calming Coloring 6:00: Love Actually 7:00: PM SNACK</p>	<p>9) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Motown Movement 1:00: Christmas Traveling: Miami 2:15: MIDDAY SNACK 3:00: Christmas Snowglobes 4:00: Mid-Day Movin 6:00: JIngle All The Way 7:00: PM SNACK</p>	<p>10) 9:00: Scenic Drive to Old Town Aravada 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Trivia 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Snowman Stick Ornaments 6:00: Jack Frost 7:00: PM SNACK</p>	<p>11) 9:00: Rosary w/ Frosty 9:45: The Perks 10:15: AM SNACK 10:45: Chair Exercises 1:00: Music w/ Meridith 2:15: MIDDAY SNACK 3:00: Chair Zumba 4:00: Snowflake Q-Tip Ornaments 6:00: Miracle on 34th Street 7:00: PM SNACK</p>	<p>12) 9:15: Bible Study with Aram 9:45: The Perks 10:15: AM SNACK 10:45: Giant Bowling 1:00: Spa Day 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Sip & Chat 6:00: White Christmas 7:00: PM SNACK</p>	<p>13) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Zumba 1:00: Card Games 2:15: MIDDAY SNACK 3:00: Basketball 4:00: Toilet Paper Snowmen 6:00: The Santa Clause 7:00: PM SNACK</p>	<p>14) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: National Geo: 3:00: Walking Club 4:00: Christmas Garland Chains 6:00: A Christmas Carol 7:00: PM SNACK</p>
<p>15) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Yoga 1:00: Reminiscing 2:15: MIDDAY SNACK 3:00: Bingo 4:00: Calming Coloring 6:00: Rudolph Red Nose Reindeer 7:00: PM SNACK</p>	<p>16) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Motown Movement 1:00: Christmas Traveling: England 2:15: MIDDAY SNACK 3:00: Pipe Cleaner Christmas Tree 4:00: Mid-Day Movin 6:00: Frosty the Snowman 7:00: PM SNACK</p>	<p>17) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Hot Chocolate and Holiday Memories 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Q-tip Christmas Trees 6:00: Scrooged 7:00: PM SNACK</p>	<p>18) 9:00: Rosary w/ Frosty 9:45: The Perks 10:15: AM SNACK 10:45: Chair Exercises 1:00: Recycled Art 2:00-3:00: Resident Christmas Party 3:30-4:30: Christmas Carols w/Doug 6:00: Home Alone 7:00: PM SNACK</p>	<p>19) Happy Birthday Msgr. Raymond 9:15: Bible Study with Aram 9:45: The Perks 10:15: AM SNACK 10:45: Giant Bowling 1:00: Spa Day 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Sip & Chat 6:00: Noelle 7:00: PM SNACK</p>	<p>20) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Zumba 1:00: Card Games 2:15: MIDDAY SNACK 3:00: Basketball 4:00: Fork Painted Wreaths 6:00: The Santa Clause 2 7:00: PM SNACK</p>	<p>21) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: National Geo: 3:00: Walking Club 4:00: Thumbprint Trees 6:00: Home Alone 2 7:00: PM SNACK</p>
<p>22) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Yoga 1:00: Reminiscing 2:15: MIDDAY SNACK 3:00: Bingo 4:00: Calming Coloring 6:00: Last Holiday 7:00: PM SNACK</p>	<p>23) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Motown Movement 1:00: Popcorn, PJ's & Polar Express 2:15: MIDDAY SNACK 3:00: Chair Yoga 4:00: Christmas Traveling: Greece 6:00: The Holiday 7:00: PM SNACK</p>	<p>24) Christmas Eve 9:15: Morning Stretch 9:45: Christmas Carol Sing-Along 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Christmas Trivia 2:15: MIDDAY SNACK 3:00: Christmas Mocktails & Chat 4:00: Reindeer Games 6:00: Nutcracker 7:00: PM SNACK</p>	<p>25) Merry Christmas 9:15: Morning Stretch 9:45: The Perks 10:00: Christmas Mass 10:45: Christmas Chair Exercise 1:00: Hot Chocolate & Chat 2:15: MIDDAY SNACK 3:00: Pine Cone Christmas Trees 4:00: Gingerbread Cookie Decorating 6:00: A Charlie Brown Christmas 7:00: PM SNACK</p>	<p>26) 9:15: Bible Study with Aram 9:45: The Perks 10:15: AM SNACK 10:45: Giant Bowling 1:00: Spa Day 2:15: MIDDAY SNACK 3:00: Walking Club 4:00: Sip & Chat 6:00: Die Hard 7:00: PM SNACK</p>	<p>27) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Zumba 1:00: Card Games 2:15: MIDDAY SNACK 3:00: Basketball 4:00: New Year Firework Wreath 6:00: GodMothered 7:00: PM SNACK</p>	<p>28) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: National Geo: 3:00: Walking Club 4:00: Fingerprint Snowflakes 6:00: When Harry Met Sally 7:00: PM SNACK</p>
<p>29) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Chair Yoga 1:00: Reminiscing 2:15: MIDDAY SNACK 3:00: Bingo 4:00: Calming Coloring 6:00: The Big Year 7:00: PM SNACK</p>	<p>30) 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Motown Movement 1:00: Armchair Travelers: Antarctica 2:15: MIDDAY SNACK 3:00: New Years Craft 4:00: Mid-Day Movin 6:00: About Time 7:00: PM SNACK</p>	<p>31) Happy New Year's Eve 9:15: Morning Stretch 9:45: The Perks 10:15: AM SNACK 10:45: Balloon Volleyball 1:00: Trivia 2:00-3:00: Resident New Years Eve Party 3:00: Walking Club 4:00: Table Games 6:00: New Years Eve (Movie) 7:00: PM SNACK</p>	<p>Breakfast: 7:30am-8:30am</p> <p>Lunch: 11:30am-12:30pm</p> <p>Dinner: 4:45 pm-5:45 pm</p>			