

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JANUARY

9:30-Mass
10:00-Coffee
10:30-Chair Yoga
2:00-Ecumenical Service
3:00-Resident Council

New Year's Day

9:30-Mass
10:00-Coffee
10:30-World Trivia
11:00-Mind & Body
2:00-Bingo
3:30-Happy Hour

9:30-Mass
10:00-Coffee
10:30-Ball Toss
3:30-Chocolate Banana Snack
4:00-Remembering The Times (ERAS MUSIC)

10:00-Coffee
2:00-Daily Chronicles & Perks
6:00-Lawrence Welk Show(CH.11)

9:30-Mass
10:00-Coffee
2:00-Chronicles & Perks
4:00-Get to know your neighbor(Room Visits)

9:30-Mass
10:00-Coffee
10:30-Chair Exercise
2:00-Birthday Party



9:30-Mass
10:00-Coffee
10:30-Trivia
1:00-Manicures
2:00-Bible Study
3:30-Penguin Hand Craft

9:30-Mass
10:00-Coffee
10:30-Chair Yoga
2:00-Ecumenical Service
3:30-Scrabble

9:30-Mass
10:00-Coffee
10:30-History Trivia
11:00-Mind & Body
1:00-Music W/Tom Hofer
3:00-Bingo

9:30-Mass
10:00-Coffee
10:30-Ball Toss
3:30-Apples & Peanut Butter Snack
4:00-Remembering The Times (ERAS MUSIC)

10:00-Coffee
2:00-Daily Chronicles & Perks
6:00-Lawrence Welk Show(CH.11)

9:30-Mass
10:00-Coffee
2:00-Chronicles & Perks
4:00-Get to know your neighbor(Room Visits)

9:30-Mass
10:00-Coffee
10:30-Chair Exercise
3:30-Virtual Museum Tour PT.1

9:30-Mass
10:00-Coffee
10:30-Trivia
2:00-Bible Study
3:30-Button Picture Craft

9:30-Mass
10:00-Coffee
10:30-Chair Yoga
2:00-Ecumenical Service
3:30-Jenga w/ Prizes

9:30-Mass
10:00-Coffee
10:30-Iowa Trivia
11:00-Mind & Body
2:00-Bingo
3:30-Happy Hour


9:30-Mass
10:00-Coffee
10:30-Ball Toss
3:30-Fruit Kabob Snack
4:00-Remembering The Times (ERAS MUSIC)

10:00-Coffee
2:00-Daily Chronicles & Perks
6:00-Lawrence Welk Show(CH.11)

9:30-Mass
10:00-Coffee
2:00-Chronicles & Perks
4:00-Get to know your neighbor(Room Visits)

Activity Professionals Week

9:30-Mass
10:00-Coffee
10:30-Chair Exercise
3:30-Learn About MLK Day



Martin Luther King Jr. Day

9:30-Mass
10:00-Coffee
10:30-Trivia
2:00-Bible Study
3:30-Music W/ Pat

9:30-Mass
10:00-Coffee
10:30-Chair Yoga
2:00-Ecumenical Service
3:30-Scrabble

9:30-Mass
10:00-Coffee
10:30-Science Trivia
11:00-Mind & Body
2:00-Bingo
3:30-Happy Hour

9:30-Mass
10:00-Coffee
10:30-Ball Toss
3:30-Cheese Tasting Snack
4:00-Remembering The Times (ERAS MUSIC)

10:00-Coffee
2:00-Daily Chronicles & Perks
6:00-Lawrence Welk Show(CH.11)

9:30-Mass
10:00-Coffee
2:00-Chronicles & Perks
4:00-Get to know your neighbor(Room Visits)

Australia Day (Observed)

9:30-Mass
10:00-Coffee
10:30-Chair Exercise
3:30-Virtual Museum Tour Pt.2

9:30-Mass
10:00-Coffee
10:30-Trivia
1:00-Manicures
2:00-Bible Study
3:30-Popsicle Stick Mug Craft

9:30-Mass
10:00-Coffee
10:30-Chair Yoga
2:00-Ecumenical Service
3:30-UNO



Chinese New Year (Year of the Snake)

9:30-Mass
10:00-Coffee
10:30-Food Trivia
11:00-Mind & Body
2:00-Bingo
3:30-Happy Hour

9:30-Mass
10:00-Coffee
10:30-Ball Toss
3:30-Chinese New Year Snack
4:00- Music W/ Unaccompanied Minors

10:00-Coffee
2:00-Daily Chronicles & Perks
6:00-Lawrence Welk Show(CH.11)

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****ALL ACTIVITIES ARE SUBJECT TO CHANGE****Please Contact Trestin with any questions.