

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 3:00- Kings' Corner	2 9:30- Exercise 10:00- Rosary 10:30- Mass 1:00- HY-VEE 2:30- Mindful Movements 3:00- Monday Movie Matinee "Elf"	3 9:30- Exercise 9:30- Birthday Planning Meeting 10:00- Rosary 10:30- Mass 10:30- O.W.L.S. at Jester Park 1:00- WALGREENS 1:30- Beats' Team Practice 3:00- December Trivia	4 Paula OFF 9:30- Exercise 10:00- Rosary 10:30- Mass 1:00- Advent Meditations with Ryan 2:00- Beats' vs BDRG Staff 4:00- BINGO	5 Paula OFF 9:30- Exercise 10:00- Rosary 10:30- Mass 1:30- Coffee Social @MP 2:30- Exercise with Paula 4:00- Men's Group 6:15- "White Christmas" @ Ankeny Community Theatre	6 Paula OFF 9:30- Exercise 10:00- Rosary 10:30- Mass 1:00- ART-Winter Plate Craft 3:00- Lighting of the Tree	7 2:00- Science & Astronomy 4:30- Rosary 5:00- Mass
8 10:30- Dowling High School Choir Performance 3:00- Kings' Corner	9 9:30- Exercise 10:00- Rosary 10:30- Mass 1:00- FAREWAY 2:30- Mindful Movements 3:00- Monday Movie Matinee "National Lampoon's Christmas Vacation"	10 9:30- Exercise 10:00- Rosary 10:30- Mass 1:00- Activity Council 2:00- Ecumenical Service 3:00- Ladies' Holiday Tea	11 9:30- Exercise 10:00- Rosary 10:30- Mass 11:15- LUNCH BUNCH-Waterfront Grill 1:30- Christmas Video Project 2:30- Informational Meeting with Adam 3:00- Readers' Theatre 4:00- BINGO	12 9:30- Exercise 10:00- Rosary 10:30- Mass 1:00- Target in Grimes 2:30- Exercise with Paula 3:00- Sustainability Project 2025	13 9:30- Exercise 10:00- Rosary 10:30- Mass 1:00- Advent Meditations with Ryan 3:00- Blue Christmas Memorial Service	14 Happy Birthday Bob S.! 2:00- Science & Astronomy 4:30- Rosary 5:00- Mass
15 2:00- Seven Lessons and Carols 2:30- Resident Christmas Party	16 9:30- Exercise 10:00- Rosary 10:30- Mass 1:00- HY-VEE 2:30- Mindful Movements 3:00- Arm Chair Travel-Norway	17 9:30- Exercise 10:00- Rosary 10:30- Mass 1:00- ART- Christmas Craft 3:00- Way to the West of Norway 5:00- Christmas Lights Drive	18 Happy Birthday Lloyd U.! 9:30- Exercise 10:00- Rosary 10:30- Mass 11:30- Birthday Luncheon 1:00- The 5 Saints to Know in December 3:00- Christmas in Europe 4:00- BINGO	19 9:30- Exercise 10:00- Daycare Kids 10:00- Rosary 10:30- Mass 1:00- Walmart 2:30- Exercise with Paula 3:00- Johnston Middle School Choir performance	20 9:30- Exercise 10:00- Rosary 10:30- Mass 1:00- Advent Meditations with Ryan 2:00- Ecumenical Service 3:00- Welcome Baby Z!	21 2:00- Science & Astronomy 4:30- Rosary 5:00- Mass <small>Winter Begins</small>
22 3:00- Kings' Corner	23 9:30- Exercise 10:00- Rosary 10:30- Mass 1:00- FAREWAY 2:30- Mindful Movements 3:00- Monday Movie Matinee "A Christmas Story"	24 Paula OFF 9:30- Exercise 10:00- Rosary 10:30- Mass 1:00- Advent Meditations with Ryan 2:00- Ecumenical Service 3:00- Christmas Eve Party 5:00- Mass	25 OFFICE CLOSED Happy Birthday Gerrie L.! 9:30- Exercise 10:00- Rosary 10:30- Mass TBA- Music by "The Mystifying Johnson" <small>Christmas Hanukkah Begins</small>	26 9:30- Exercise 10:00- Rosary 10:30- Mass 1:30- Dollar Tree 2:30- Exercise with Paula 3:00- Norway Celebration <small>Boxing Day (Canada) Kwanzaa Begins</small>	27 Happy Birthday Ardis C. & Bob P.! 9:30- Exercise 10:00- Rosary 10:30- Mass 1:00- "Fall Prevention" presentation 4:00- BINGO	28 9:30- Science & Astronomy 4:30- Rosary 5:00- Mass
29 3:00- Kings' Corner	30 9:30- Exercise 10:00- Rosary 10:30- Mass 12:30- Blood Pressure Check 1:00- HY-VEE 2:30- Mindful Movements 3:00- Monday Movie Matinee "It's A Wonderful Life"	31 Paula OFF 9:30- Exercise 10:00- Rosary 10:30- Mass 12:00- Noon Years' Eve 1:00- Book Club 3:00- What's Your Intention for 2025? 5:00- Mass <small>New Year's Eve</small>	<h1>December 2024</h1> <p>December Birthdays: 14- Bob S., 18- Lloyd U., 25- Gerrie L., 27- Ardis C. & Bob P.</p>			